

The next match for U13, U15 and U17 is taking place at Middlesbrough Sports Village, (MSV), Alan Peacock Way, Middlesbrough. TS4 3AE.

Telephone number 01642 300 777

Please can you make your own way to the meeting and aim to be there by 10.30am. This is an hour later than it was at Monkton as the timetable starts 11.15am and not 10.15am.

Car parking is free at the Leisure Centre.

The Leisure Centre is fully open now and asks everyone to abide by the Covid rules still in place and to follow the one way systems around the buildings.

The café will be open for food and drinks both hot and cold.

The toilets will also be open.

This is the final match of the season for the NEYDL competition. They would have normally been four matches but the 1st match was cancelled.

The Club currently stands at the top of the league having won each of the 1st two matches.

Well done to everyone who has competed so far and got us to this fantastic position.

We now need to maintain this standard and try to win the last match of the season.

It would be a great achievement for the club to win this league especially as we have only joined it this season.

Traditionally the team who finishes top of the league gets promoted, however the league has not made a firm decision on whether teams will be promoted or relegated this year due the disruption to athletics caused by the Covid pandemic.

Can you please remember to bring the race numbers you were allocated with from the match at Monkton or Shildon as your number will remain the same throughout the season. If you have lost it you will need to be allocated a new one and this unfortunately will cost you a £1.00. This is a charge that the club has to pass on as it is levied on it by the league.

If you have lost your number please see me on the day as soon as possible so we can get you issued with a new number and get that registered with the league.

Anyone wanting more information about the NEYDL and the previous match results can find it at:

<https://necaa.weebly.com/neydl.html> The results are also on the Power of 10 website: **<https://thepowerof10.info/>**

The club will have vests back on sale at the match if anyone needs a vest as our new batch has arrived with all sizes now back in stock. The cost is £26.00.

Good luck everyone.

Peter Lillie

Club Website:
www.middlesbroughac.org.uk



Club Photos:
www.flickr.com/photos/middlesbroughacmandale/albums



Timetable and Lane Draw for 6 Team Match

Track Events

Start Time	Event	Races	Lane Draw
11.15	U13G 70m Hdl's	A & B	1 2 3 4 5 6
11.25	U13B 75m Hdl's	A & B	2 3 4 5 6 1
	U15G 75m Hdl's	A & B	3 4 5 6 1 2
11.45	U17W 80m Hdl's	A & B	4 5 6 1 2 3
	U15B 80m Hdl's	A & B	5 6 1 2 3 4
11.55	U17M 100m Hdl's	A & B	6 1 2 3 4 5
12.15	U13G 800m	1 race	6 5 4 3 2 1
	U13B 800m	1 race	5 4 3 2 1 6
12.30	U15G 800m	1 race	4 3 2 1 6 5
	U15B 800m	1 race	3 2 1 6 5 4
12.45	U17W 800m	1 race	2 1 6 5 4 3
	U17M 800m	1 race	1 6 5 4 3 2
13.00	U17W 100m	A & B	2 3 4 5 6 1
	U17M 100m	A & B	4 5 6 1 2 3
13.20	U15G 100m	A & B	3 4 5 6 1 2
	U15B 100m	A & B	5 6 1 2 3 4
13.40	U13G 100m	A & B	1 2 3 4 5 6
	U13B 100m	A & B	6 1 2 3 4 5
14.00	U17W 300 Hdl's	A & B	4 3 2 1 5 6
	U17M 400 Hdl's	A & B	3 2 1 6 5 4
14.15	U17W /U15G 1500m	1 race	5 6 1 2 3 4
14.25	U17M /U15B 1500m	1 or 2 races	6 5 4 3 2 1
14.40	U13G /U13B 1500m	1 or 2 races	4 3 2 1 6 5
15.00	U17W 200m	A & B	3 4 5 6 1 2
	U17M 200m	A & B	4 5 6 1 2 3
15.15	U13G 200m	A & B	1 2 6 5 4 3
	U13B 200m	A & B	1 6 5 4 3 2
15.30	U15G 200m	A & B	1 2 3 4 5 6
	U15B 200m	A & B	2 3 4 5 6 1
15.45	U17W 300m	A & B	2 1 6 5 4 3
	U15G 300m	A & B	3 2 1 6 5 4
	U15B 300m	A & B	1 6 5 4 3 2
16.00	U17M 400m	A & B	1 2 3 4 5 6
16.10	U13G 4 x 100m	1 race	6 1 2 3 4 5
	U13B 4 x 100m	1 race	6 5 4 3 2 1
16.25	U15G 4 X 100m	1 race	4 5 6 1 2 3
	U15B 4 x 100m	1 race	5 6 1 2 3 4
16.40	U17W 4 x 100m	1 race	2 3 4 5 6 1
	U17M 4 x 100m	1 race	3 4 5 6 1 2

Field Events

Start Time	Event	Age group / gender	Duty Club
11.30	Long Jump	U15 G	6
	Hammer	U15B / U17M /U15G / U17W	1
	High Jump	U15B / U17M	4
	Shot Putt	U13B	5
12.15	Long Jump	U17W	2
	Javelin	U15G /U17W	3
	Pole Vault	U15G / U15B / U17W/ U17M	6
	Shot Putt	U15B	1
	High Jump	U 13B	5
13.00	Long Jump	U13G	4
	Shot Putt	U15G	3
	Javelin	U13B /U13G	2
13.45	Long Jump	U17M	1
	High Jump	U15G / U17W	3
	Discus	U13B / U13G	4
14.30	Long Jump	U15B	5
	Discus	U15G / U17W	6
	Shot Putt	U17M	1
15.15	Long Jump	U13B	2
	Discus	U15B / U17M	3
	Shot Putt	U13G	4
16.00	High Jump	U13G	1
	Triple Jump	U17W /U17M	5
	Javelin	U15B/U17M	6
	Shot Putt	U17W	2

Duty No. / Lane Draw	Club Name	Club Letter
1		
2		
3		
4		
5		
6		

See Club Identification, Lane and Duty Rotation Sheet, before filling in the details in the box above for your match.

There is an option at the Track Referee's discretion to combine U15 and U17 1500 events if the entry numbers are low

Call up times for field events for athletes and officials are 15 minutes before the start time unless the previous event in that area has not finished.

Supported by
Geoff Herbert