



## Code of Conduct for Coaches, Club Officials and Team Managers

As responsible people you will:

- Always place the welfare, safety and enjoyment of each athlete above the development of performance.
- Respect the rights and dignity of every athlete and treat everyone equally, regardless of background or ability.
- Encourage and guide athletes to accept and take responsibility for their own behaviour and performance and give them as much autonomy as possible.
- Avoid critical language or actions, such as sarcasm that undermines the athletes self esteem.
- Never engage in or tolerate any form of bullying.
- Not spend time alone with an athlete unless clearly in view of others.
- Avoid taking an athlete alone in the car. If necessary then sit them in the back seat. Never invite a young athlete alone to your house. Respect the right of athletes to an independent life outside athletics.
- Never try to recruit, either openly or covertly, athletes who are already receiving coaching.
- Co-operate fully with other colleagues in athletics (e.g. officials, other coaches, team managers, physiotherapists) in the best interest of the athlete.
- Challenge inappropriate behaviour or language by others.
- Report any accidental injury. A brief written report of such incidents should be submitted to the Welfare officer as soon as possible, and the parents/carers notified. Complete an incident report form.
- Display consistently high standards of behaviour and appearance.