

Charles Stuart's transcript introducing each award

2008/2009 Cross Country Awards.

U13 Girl Hannah McClean

Hannah, ran well to finish in 2nd spot twice in NYSD and was also selected to compete in the English Schools XC Champs.

U15 Girl Jessica Wilkinson.

Jessica had a top 7 finish in all her NYSD races and was also selected to compete in the English Schools XC Championships.

U15 Boy Matthew Rhodes.

Matthew ran well to a 4th place in the NYSD + finishing a creditable 9th in the North Yorkshire Schools XC Championships.

U17 Women Stephanie Allison

Having won the U15 girls XC award for the past 2 years Stephanie has successfully moved up an age group to take the U17 XC award. She had top 7 finishes in the NYSD, 5th in the North Yorkshire Schools XC and qualified to take part in the English Schools XC Championship.

U17 Men Nick Woolley

Nick had all top 10 finishes in the NYSD to be a consistent points scorer in the League

Senior Men Mehari Habteab Nominated by Dave Wilkinson.

Vet Women Andrea Rhodes Nominated by Dave Wilkinson

Vet Men Paul Kitson.

Paul manages to work with our 8 to 11 year old SAQ group as well as perform with credit in the NYSD League.

Special mention for Phillipa Stone in U11girls XC Races. Phillipa is also showing excellent promise in 1200m track events.

U13 Girl Track Award Emma Wortley 800/1500m

Emma won all her races over 800m in the McCain YAL matches at Grade 1 level plus ran a Grade 1 1500 in the NYSD.

U13Girl Field Award. Chyna Wood Shot Putt

Chyna won or placed 2nd at the Shot Putt in her McCain YAL matches plus also competed well in the High and Long Jump.

U13 Boy Track Award. Ben Spencer 800m

Ben had a great season winning all 5 McCain YAL 800m races in Grade 1 times.

U13 Boy Field Award. Sam Day Long Jump.

Sam took the field award with Grade 1 performances in the Long Jump but also excelled at the 100m, and 1500m, quite a range for a young aspiring athlete.

At this stage it is appropriate to also present the NYSD Man of the Match awards as they involve two of our U13 athletes. Note:- Any age group competitor can win this award per match, it is down to how they perform against set standards per age group and sex.

The first goes to Sam Day for his 4.68m Long Jump in Match 6.

The second goes to Annabel Blott for her 1500m race at the same Match 6. Very well done to both.

U15 Girl Track Award. = Eleanor Mullen and Rachel Highfield . 100m & 200m

With Rachel & Eleanor (Ellie) in taking the top two places in the NE Pof10 rankings we have two top notch sprinters who will go far. Their overall times are excellent with wins and top 2 finishes at McCain and area championships. Both ran 26.51s for the 200m and only 5/100ths separate their 100m times. Rachel stays in the U15 age group for 2010 so I look forward to exciting times.

U15 Girl Field Event. Emelia Mack Long Jump.

Emelia tops the NE Pof10 rankings, excelled in winning all her McCain YAL Long Jump competitions and adding high jump in one.

U15 Boy Track Event. Bradley Wright 1500m.

NE Po10 Ranked 7th in this competitive event Bradley won all his 1500m races in the McCain YAL.

U15 Boy Field Event.. Patrick O'Connor High Jump

NE Po10 ranked 5th Patrick has performed with skill & determination to win most of his high jump competitions this season, a Grade 1 pb of 1.70m bodes well for the future.

U17 Ladies. Track Event-Kate Welford. 60m i , 300m

Kate had a very good sprinting year in 2009 winning 27 out of 31 sprint races over 60m indoor, 100m, 200m and topping the NE Po10 with Grade 1 300m races plus taking 1st at

both the 200m & 300m in the Schools County Championships. I look forward to seeing Kate race over 400m in 2010.

U17 Ladies. Field Event–Sarah Parsons. Discuss + Shot & Hammer

This was a close category to assess with several of our ladies doing well but Sarah's 4 wins at McCain YAL Matches plus her excellent support at hammer and Shot edged the award.

U17 Men. Track Event –Ben Stephenson 100m & 200m

Ben has an excellent year winning all his 100 & 200 races in the McCain YAL. His Silver Medal position in the Northern Championships in May set the season standard. He ran 4th at the ESAA Champ's, Bronze medal at the National Champ's and capped it with a Silver Medal at the UK School Games. His 22.12s gives him 9th in the National Rankings. Ben also ran with distinction for the Club in NJL and the Senior NoE Senior League.

U17 Men. Field Event. – Ben Daley- Hammer + High Jump

Ben is exceptional in that he top ranks in the NE Po10 in the Hammer and High Jump. He won all his events in the McCain YAL matches then went to compete successfully in the NJL and NoE Senior League. Ben played a significant role in the success of all three of our League teams.

U20 Lady. Track Event. Ashleigh Wood 100mH

As last year Ashleigh had a great season, top of the NE Po10 ranking in High Jump, Long Jump & 2nd in 100m Hurdles she won Silver with a pb in the 100mH at the ESAA Champ's and totalled a pb in coming 4th at the England Athletics U20 Heptathlon. As a Club athlete she excelled in the NJL and the NoE League winning virtually every event entered amassing many points for both teams. We wish Ashleigh every success in 2010.

U20 Lady. Field Event.. Chloe Gill Triple Jump..

Chloe edged the Field event award with a top of Grade 2 performance and 4 wins in the NJL + Wins and 2nd spots in the NoE League. Very well done.

U20 Men. Track Event- Nick Phelps- 400mH

Nick was a powerhouse for the Club winning 20 of his U20/NoE league events over 400m, 400mH and 110mH. However his Grade 1 performance in the 400mH was the performance of the year. We thanks Nick for his immense contribution to the Club over the 2009 season and wish him success in the Senior ranks in 2010.

U20 Men. Field Event.- Charlie Dryden -Long jump

Charlie started the season by being selected for the North of England Team to compete in Malta. Although an injury kept him sidelined for a period he came back with significant performances for the Club in the Javelin and 1500m before producing top grade performances in the Long Jump which also took him to No 1 spot in the NE rankings. Charlie's commitment to the Club in the NJL and NoE League over several events was highly commendable and is a credit to his competitive spirit.

Senior Lady- Track Event. Faye Winspear 100m

Faye had a good season with a pb in the 100m and 4th ranked in the NE Po10. She ran consistently well in the 100m,200m and relays for the NoE League team gathering excellent points in the process.

Senior Lady-Field Event. Kayleigh Sullivan Hammer

In spite of suffering with a back injury Kayleigh topped the Club Hammer with a Grade 3 performance as well as winning at Javelin and Discuss for our NoE League team. We wish Kayleigh an injury free 2010 season.

Senior Men-Track Event. Richard Blake Smith 400mHurdles

Even with a busy career in the Army Richard found time to compete for the Club in our NoE league team on several occasions to very good effect with a Grade 1 performance in Match 3.. It was easy to see why he had run at GB U23 International level some years ago.

However, he cannot be present tonight to collect the award as he is heavily involved in Army matters “ a Lockdown” elsewhere.

Senior Men. Field Event. & Outstanding Performance Adebayo (Ade) Babatunde Triple Jump.

Ade had a great season winning the BUCS Championships Triple Jump, . winning all his NoE League match events, topping the NE Po10 rankings & ranked 11th U23 in the UK.

&

Outstanding Performance to Ben Stephenson for his Silver Medal 200m at the UK School Games + 200m Bronze Medal at the U17 National Championships & Yorkshire AA. Champion. Ben is 9th Ranked in the UK U17 Age group.

&

Outstanding Performance to Ashleigh Wood for her ESAA Championship Silver Medal performance in the Senior Girls 100m Hurdles Competition is ranked 6th in the UK plus 4th place and Heptathlon pb of 4249 points at the England Athletics Combined Events Championships.

The “YAL Club Athlete” nominees were selected by their Team Manager for their Club Spirit, willingness to be available and to tackle events when requested by their respective team managers thus resulting in many more points for the Club.

Jessica Wilkinson U15 Girl - Club Athlete- Nominated by Jean Simmons.

Christian Carson U17 Man -Club Athlete- Nominated by Andrew Maguire.

Junior Club athlete Team Player of the Year Elliott Hills Nominated by Michele Sullivan.

In addition and as a thank you to all our victorious NJL Northern Championship Playoff (U20) team members, plus all contributing athletes competing during the league matches, the Club are most happy to provide an additional award.

A very big vote of thanks must go to all our hardworking dynamic coaches and officials without whom none of the above could have happened. I would like to especially thank Michele Sullivan for the immense work load she has handled this year on behalf of the Club.

1. NJL Team Manager 2. Merchandising Officer, 3. Transport, 4. Throws Coach, 5. Café and 6. Awards Evening Organiser.

If we are to maintain and then grow our standing in the athletic world we need to attract more helpers, coaches and officials. If any parent, friend or ex-athlete present who would like to know more about any role within the club please feel free to contact Marino or me for initial details.

This years awards were compiled by Charles Stuart with excellent support from Glen Blenkinsop (Track & Field) and from Dave Wilkinson (Cross Country)

Athletics is not only about physical health or excellence, being involved in our sport brings about life Skills which include Teamwork, leadership, confidence and discipline.

NJL Northern League Champions contributing Athletes over all rounds and the Promotion Match.

Men

Christian
Jack
Joe
Joe
Ben
Charlie
Jordan
Alex
Harry
Lewis
Grant
Karl
Phil

Carson
Chapman
Corrigan
Cox
Daley
Dryden
Gill
Grundmann
Harris
Harvey
Hawkins
Hawkins
Hay

Women

Stephanie
Kate
Helen
Emily
Kristina
Courtney
Chloe
Rachel
Lorna
Heather
Jess
Leah
Rebecca

Allison
Blaylock
Corrigan
Fields
Grant
Frost
Gill
Goodier
Goldsmith
Johnson
Kennedy
Kennedy
Maguire

Elliot	Hills	Catherine	Maynell
Elliot	Jackson	Rachel	Mitchinson
Rob	Longstaff	Jayne	Norton
Shaun	McCartney	Christina	O'Connor
Tom	Murphy	Sarah	Parsons
Nick	Phelps	Sofiya	Pela-Aliu
Matthew	Potts	Jenny	Phelps
Iain	Swall	Abbie	Smith
Ben	Stephenson	Emma	Stokes
		Kate	Welford
		Ashleigh	Stone
		Jess	Wilkinson
		Ashleigh	Wood

Points Scored at NJL Promotion Match Wigan 2009..

Men		Women	
Nick Phelps	35	Sarah Parsons	29
Charlie Dryden	29	Ashleigh Wood	28
Ben Daley	28	Heather Johnson	23
Christian Carson	25	Rebecca Maguire	19
Jack Chapman	23	Rachel Mitchinson	19
Joe Cox	20	Stephanie Allison	17
Jordan Gill	16	Chloe Gill	17
Harry Harris	12	Leah Kennedy	17
Elliot Hills	11	Emma Stokes	16
Elliot Jackson	10	Kate Welford	16
Alex Grundman	9	Jess Kennedy	15
Iain Swall	8	Lorna Goldsmith	12
Phil Hay	7	Courtney Frost	11
Lewis Harvey	7	Kristina Grant	11
Karl Hawkins	6		
Ron Langstaff	4		

Note The Mens team won by 6 points and the Womens Team by 5 points
The total points win being 11points.
Every Point mattered----A Real Team Effort. Very Well Done Everybody.