

NY /SD Cross Country Fixture @ Thirsk Flatts Nov 18th

Due to Health and Safety regulations it is not possible for this fixture to be held from Thirsk Race Course this year. Rather than cancel the fixture we have arranged for the event to be held on the Flatts at Thirsk. This area is located behind the Swimming Baths, to get there, on leaving the Market Square turn sharp left when you approach the Ritz Cinema which you will then see it signposted, go to the bottom of that street and you will come to the Swimming baths and the course is just behind there. Because of this alteration we are not able to provide the facilities, which we normally provide. There will be no changing facilities; There will be limited Porta Loos, Runners can use the Market place for parking and the public toilets.

We will provide an under 11's race starting at 12.40

The normal fixtures are as follows.

U/13 Boys 1.00 p.m. 2.5K
U/13 Girls 1.10 p.m. 2.5K
U/15 Boys 1.20 p.m. 3.K
U/15 Girls 1.30 p.m. 3.K
U/17 Sen Vets Women 1.40 p.m. 6K.
U/17 Men 2.10 p.m. 7K plus Over 17 Senior Men and Vets 9K

NY/SD CROSS COUNTRY NOV 18th @ THIRSK

