

## **Role Outline: Coach**

**RESPONSIBLE TO:** Committee

### **SKILLS REQUIRED:**

- Good knowledge and understanding of athletics
- Confident with good leadership skills
- Enthusiastic and a good motivator
- Ability to communicate with groups and individuals.

### **MAIN DUTIES**

- 1) Take responsibility for coaching sessions.
- 2) Ensure that all coaching/training sessions are planned in advance.
- 3) Offer feedback on athlete performances.
- 4) Attend competitions with athletes (were appropriate).
- 5) Report on athlete's progress.
- 6) Assist with team selection.
- 7) Attend coaching meetings.