

# NJAL TYNE DIV FIXTURE 4

## at Carlisle on 16 July 2006

### Junior Women 100m String 1

Posn	Athlete Name	Club	Time	Grade
1	Kim Skinner	Team Forth	12.3	*G2*
2	Carly Beattie u17	Team Edinburgh	12.4	*G3*
3	Jennifer Graham	Team Tyne & Wear	12.4	*G3*
4	Rebecca Riches u17	Team Glasgow	13.2	
5	Emma Payne	Tees Valley Tigers	13.3	
6	Katie Watts u17	Border Harrier	13.5	

### Junior Women 100m String 2

Posn	Athlete Name	Club	Time	Grade
1	Alex Wilson u17	Team Forth	12.9	
2	Olivia Cook u17	Tees Valley Tigers	13.3	
3	Sarah Warnock u17	Team Edinburgh	13.4	
4	Katie Riches u17	Team Glasgow	13.6	
5	Nikta Turton u17	Team Tyne & Wear	14.0	

### Junior Women 200m String 1

Posn	Athlete Name	Club	Time	Grade
1	Carly Beattie u17	Team Edinburgh	25.1	*G2*
2	Kim Skinner	Team Forth	25.5	*G3*
3	Jenni Stephenson	Team Tyne & Wear	26.0	*G3*
4	Debbie Forster	Tees Valley Tigers	26.6	
5	Gillian Galloway	Team Glasgow	27.3	
6	Katie Watts u17	Border Harrier	29.1	

### Junior Women 200m String 2

Posn	Athlete Name	Club	Time	Grade
1	Alex Wilson u17	Team Forth	26.5	
2	Rebecca Riches u17	Team Glasgow	26.9	
3	Sarah Warnock u17	Team Edinburgh	27.7	
4	Amy Fleming u17	Team Tyne & Wear	28.4	
5	Shannon Penny u17	Tees Valley Tigers	28.8	
6	Paula Smith U17	Border Harrier	30.6	

### Junior Women 400m String 1

Posn	Athlete Name	Club	Time	Grade
1	Aisling McGhill u17	Team Glasgow	58.7	*G3*
2	Debbie Forster	Tees Valley Tigers	59.7	*G3*
3	Eilidh Hodge	Team Edinburgh	60.3	*G3*
4	Jennifer Hutchinson u17	Team Forth	60.7	*G3*
5	Emma Lightburn	Border Harrier	69.0	

### Junior Women 400m String 2

Posn	Athlete Name	Club	Time	Grade
1	Abby McGhee	Team Glasgow	60.4	*G3*
2	Ashley Madden u17	Team Forth	62.6	
3	Caitlin Pearson	Tees Valley Tigers	65.4	
4	Paula Smith U17	Border Harrier	69.0	

# NJAL TYNE DIV FIXTURE 4

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### Junior Women 800m String 1

Posn	Athlete Name	Club	Time	Grade
1	Alex Snook	Tees Valley Tigers	2:19.3	*G3*
2	Rebecca Finch u17	Team Glasgow	2:23.3	
3	Mhairi Inglis u17	Team Forth	2:27.1	
4	Gemma Crowther	Border Harrier	2:34.1	
5	Rachell Kerr u17	Team Edinburgh	2:35.3	

### Junior Women 800m String 2

Posn	Athlete Name	Club	Time	Grade
1	Gemma Milne u17	Team Forth	2:31.9	
2	Shannon Penny u17	Tees Valley Tigers	2:35.1	
3	Haley Duncan	Team Edinburgh	2:39.8	
4	Yvonne McFarlane	Team Glasgow	3:07.3	

### Junior Women 1500m String 1

Posn	Athlete Name	Club	Time	Grade
1	Jess Russon u17	Tees Valley Tigers	5:01.5	
2	Mhairi Inglis u17	Team Forth	5:10.3	
3	Rosie Campbell	Team Edinburgh	5:22.3	
4	Georgia Campbell	Team Tyne & Wear	5:27.3	
5	Courtney McGuire	Team Glasgow	8:03.2	

### Junior Women 1500m String 2

Posn	Athlete Name	Club	Time	Grade
1	Debbie Forster	Tees Valley Tigers	6:36.1	
2	Charlotte Logan	Team Glasgow	8:03.2	

### Junior Women 3000m String 1

Posn	Athlete Name	Club	Time	Grade
1	Hester Dix	Team Tyne & Wear	10:47.7	*G3*
2	Rebecca Finch u17	Team Glasgow	10:59.5	
3	Sara Inglis u17	Team Forth	11:15.9	
4	Emily Finnie	Team Edinburgh	11:37.5	

### Junior Women 3000m String 2

Posn	Athlete Name	Club	Time	Grade
1	Georgia Campbell	Team Tyne & Wear	11:42.2	

### Junior Women 100mH String 1

Posn	Athlete Name	Club	Time	Grade
1	Elayne Henderson	Team Forth	16.3	*G3*
2	Sylvia Kamyra	Team Edinburgh	17.0	
3	Emma Payne	Tees Valley Tigers	17.2	
4	Courtney McGuire	Team Glasgow	18.4	

### Junior Women 100mH String 2

Posn	Athlete Name	Club	Time	Grade
1	Eden Markl	Tees Valley Tigers	19.9	
2	Lucinda Logan u17	Team Glasgow	20.3	

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### Junior Women 400mH String 1

Posn	Athlete Name	Club	Time	Grade
1	Sylvia Kamyra	Team Edinburgh	68.9	*G3*
2	Amy Fleming u17	Team Tyne & Wear	71.7	
3	Lucy West u17	Tees Valley Tigers	72.0	
4	Ashley Austin	Team Glasgow	84.1	

### Junior Women 400mH String 2

Posn	Athlete Name	Club	Time	Grade
1	Laura Smailes	Team Tyne & Wear	80.9	
2	Stephanie O'Neill	Team Glasgow	1:41.7	

### Junior Women Long Jump String 1

Posn	Athlete Name	Club	Distance	Grade
1	Elayne Henderson	Team Forth	5.74	*G2*
2	Kerry Steel	Team Glasgow	5.47	*G3*
3	Sarah Warnock u17	Team Edinburgh	5.08	
4	Tara Kennedy	Tees Valley Tigers	4.52	
5	Laura Watt u17	Team Tyne & Wear	4.45	
6	Emma Lightburn	Border Harrier	4.45	

### Junior Women Long Jump String 2

Posn	Athlete Name	Club	Distance	Grade
1	Jade Nimmo u17	Team Forth	5.34	*G3*
2	Katie Riches u17	Team Glasgow	4.94	
3	Laura Smailes	Team Tyne & Wear	4.40	
4	Iona McIntyre u17	Team Edinburgh	4.35	
5	Lyndsay Welburn u17	Tees Valley Tigers	3.99	
6	Paula Smith U17	Border Harrier	3.83	

### Junior Women Triple Jump String 1

Posn	Athlete Name	Club	Distance	Grade
1	Jade Nimmo u17	Team Forth	11.33	*G2*
2	Kerry Steel	Team Glasgow	11.32	*G2*
3	Olivia Cook u17	Tees Valley Tigers	10.29	*G3*
4	Emma Lowry u17	Team Edinburgh	9.99	*G3*

### Junior Women Triple Jump String 2

Posn	Athlete Name	Club	Distance	Grade
1	Tara Kennedy	Tees Valley Tigers	9.99	*G3*
2	Aja Murray u17	Team Edinburgh	9.55	*G3*
3	Stephanie O'Neill	Team Glasgow	9.04	

### Junior Women High Jump String 1

Posn	Athlete Name	Club	Distance	Grade
1	Erin Leggate	Team Glasgow	1.65	*G3*
2	Laura Watt u17	Team Tyne & Wear	1.55	
3	Jade Nimmo u17	Team Forth	1.50	
4	Tara Kennedy	Tees Valley Tigers	1.50	
5	Emma Lowry u17	Team Edinburgh	1.50	

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### Junior Women High Jump String 2

Posn	Athlete Name	Club	Distance	Grade
1	Tanya Marshall u17	Team Forth	1.50	
2	Charlotte Logan	Team Glasgow	1.45	
3	Laura Smailes	Team Tyne & Wear	1.45	
4	Aja Murray u17	Team Edinburgh	1.30	
5	Lucy West u17	Tees Valley Tigers	1.25	

### Junior Women Pole Vault String 1

Posn	Athlete Name	Club	Distance	Grade
1	Stephanie McKenzie u17	Team Forth	3.35	*G1*
2	Courtney McGuire	Team Glasgow	2.55	*G2*
3	Natalie Dunbar	Team Edinburgh	1.95	

### Junior Women Pole Vault String 2

Posn	Athlete Name	Club	Distance	Grade
1	Kim Skinner	Team Forth	3.00	*G1*
2	Charlotte Logan	Team Glasgow	2.10	

### Junior Women Javelin String 1

Posn	Athlete Name	Club	Distance	Grade
1	Ashley Austin	Team Glasgow	38.45	*G2*
2	Kirsty Buglass	Team Edinburgh	31.65	
3	Elayne Henderson	Team Forth	29.44	
4	Amy Fleming u17	Team Tyne & Wear	25.67	
5	Caitlin Pearson	Tees Valley Tigers	16.93	

### Junior Women Javelin String 2

Posn	Athlete Name	Club	Distance	Grade
1	Nikki Falconer	Team Edinburgh	29.96	
2	Sandra McCabe	Team Glasgow	24.75	
3	Alice Ramsey	Team Tyne & Wear	24.44	
4	Gemma Milne u17	Team Forth	19.63	
5	Shannon Penny u17	Tees Valley Tigers	8.05	

### Junior Women Discus String 1

Posn	Athlete Name	Club	Distance	Grade
1	Stacey Wilson	Team Edinburgh	36.04	*G3*
2	Rhianydd Parry u17	Team Forth	33.48	*G3*
3	Ashley Austin	Team Glasgow	24.57	
4	Lucy West u17	Tees Valley Tigers	18.50	

### Junior Women Discus String 2

Posn	Athlete Name	Club	Distance	Grade
1	Nikki Falconer	Team Edinburgh	27.52	
2	Sandra McCabe	Team Glasgow	23.30	
3	Stephanie McKenzie u17	Team Forth	21.52	
4	Caitlin Pearson	Tees Valley Tigers	15.50	

# NJAL TYNE DIV FIXTURE 4

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### Junior Women Hammer String 1

Posn	Athlete Name	Club	Distance	Grade
1	Stacey Wilson	Team Edinburgh	46.47	*G1*
2	Shannon Williams	Border Harrier	33.17	*G2*
3	Rhianydd Parry u17	Team Forth	31.81	*G3*
4	Toni Wood u17	Team Tyne & Wear	17.83	
5	Debbie Forster	Tees Valley Tigers	16.18	
6	Sandra McCabe	Team Glasgow	15.12	

### Junior Women Hammer String 2

Posn	Athlete Name	Club	Distance	Grade
1	Nikki Falconer	Team Edinburgh	22.66	
2	Charlotte Logan	Team Glasgow	14.09	
3	Emma Payne	Tees Valley Tigers	7.73	

### Junior Women Shot String 1

Posn	Athlete Name	Club	Distance	Grade
1	Stacey Wilson	Team Edinburgh	11.06	*G3*
2	Rhianydd Parry u17	Team Forth	8.65	
3	Alice Ramsey	Team Tyne & Wear	8.32	
4	Ashley Austin	Team Glasgow	8.10	
5	Shannon Williams	Border Harrier	7.81	
6	Eden Markl	Tees Valley Tigers	4.26	

### Junior Women Shot String 2

Posn	Athlete Name	Club	Distance	Grade
1	Nikki Falconer	Team Edinburgh	9.04	
2	Sandra McCabe	Team Glasgow	7.68	
3	Nikta Turton u17	Team Tyne & Wear	5.17	
4	Jess Russon u17	Tees Valley Tigers	3.45	

### Junior Women 4x100m relay

Posn	Club	Time	Grade
1	Team Forth	50.0	
2	Team Edinburgh	51.1	
3	Team Glasgow	52.0	
4	Tees Valley Tigers	53.5	
5	Team Tyne & Wear	54.3	
6	Border Harrier	56.4	

### Junior Women 4x400m relay

Posn	Club	Time	Grade
1	Team Glasgow	4:06.7	
2	Team Edinburgh	4:19.0	
3	Team Forth	4:20.0	
4	Tees Valley Tigers	4:31.3	
5	Team Tyne & Wear	4:53.5	

# NJAL TYNE DIV FIXTURE 4

## at Carlisle on 16 July 2006

### Junior Men 100m String 1

Posn	Athlete Name	Club	Time	Grade
1	James Spencer u17	Border Harrier	11.4	*G3*
2	Thomas Moore	Team Glasgow	11.4	*G3*
3	Scott Henderson	Tees Valley Tigers	11.5	*G3*
4	Pat Swan	Team Edinburgh	11.6	*G3*
5	Shane Malone U17	Team Forth	11.6	*G3*
6	Michael Briggs	Team Tyne & Wear	12.4	

### Junior Men 100m String 2

Posn	Athlete Name	Club	Time	Grade
1	Jamie Benzie	Border Harrier	11.5	*G3*
2	Craig Eaglesham	Team Glasgow	11.7	
3	Daniel Robinson	Team Tyne & Wear	11.8	
4	Sean Hood U17	Team Edinburgh	12.3	
5	Chris Coghill	Team Forth	12.4	
6	Andrew Simpson	Tees Valley Tigers	12.8	

### Junior Men 200m String 1

Posn	Athlete Name	Club	Time	Grade
1	James Spencer u17	Border Harrier	22.8	*G3*
2	Pat Swan	Team Edinburgh	22.9	*G3*
3	Thomas Moore	Team Glasgow	23.0	*G3*
4	Elliot Hills u17	Tees Valley Tigers	24.7	
5	Danny Coyle U17	Team Forth	24.8	

### Junior Men 200m String 2

Posn	Athlete Name	Club	Time	Grade
1	Jamie Benzie	Border Harrier	23.0	*G3*
2	Craig Eaglesham	Team Glasgow	23.5	
3	Sean Hood U17	Team Edinburgh	24.3	
4	Danny Nicol U17	Team Forth	25.6	
5	Andrew Simpson	Tees Valley Tigers	26.0	

### Junior Men 400m String 1

Posn	Athlete Name	Club	Time	Grade
1	David Martin	Team Glasgow	50.3	*G2*
2	Michael Deegan U17	Team Forth	53.0	*G3*
3	Andrew Greep	Team Edinburgh	54.4	
4	Joshua Abladey u17	Team Tyne & Wear	54.7	
5	Nigel Smith	Border Harrier	54.8	
6	Scott Henderson	Tees Valley Tigers	55.1	

### Junior Men 400m String 2

Posn	Athlete Name	Club	Time	Grade
1	Laurie McCombie	Team Edinburgh	59.5	
2	Fraser Gibson	Team Glasgow	62.4	

### Junior Men 800m String 1

Posn	Athlete Name	Club	Time	Grade
1	Ricky Stevenson	Tees Valley Tigers	1:56.0	*G2*
2	Stewart Fraser u17	Team Edinburgh	2:04.3	
3	Oliver Cartwright u17	Border Harrier	2:04.8	
4	Mark Toward u17	Team Tyne & Wear	2:05.4	
5	Max Lott u17	Team Glasgow	2:17.6	

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### Junior Men 800m String 2

Posn	Athlete Name	Club	Time	Grade
1	Richard Morrell	Tees Valley Tigers	2:02.9	
2	Calum Innes u17	Team Glasgow	2:19.2	
3	Gary Hepple	Team Tyne & Wear	2:21.5	
4	Daniel Stone u17	Border Harrier	2:23.1	

### Junior Men 1500m String 1

Posn	Athlete Name	Club	Time	Grade
1	Andrew Wiles	Tees Valley Tigers	4:07.2	
2	David Crawley	Border Harrier	4:23.8	
3	Stewart Fraser u17	Team Edinburgh	4:29.3	
4	Max Lott u17	Team Glasgow	4:44.1	

### Junior Men 1500m String 2

Posn	Athlete Name	Club	Time	Grade
1	Robert Moody u17	Tees Valley Tigers	4:23.8	
2	Jamie Sinclair u17	Team Glasgow	5:20.9	

### Junior Men 3000m String 1

Posn	Athlete Name	Club	Time	Grade
1	Chris O'Hare u17	Team Edinburgh	9:02.2	*G3*
2	James Fahey	Tees Valley Tigers	9:08.0	
3	Martin Hayes	Team Glasgow	9:25.4	
4	Tom Farrell u17	Border Harrier	9:29.2	

### Junior Men 3000m String 2

Posn	Athlete Name	Club	Time	Grade
1	Dominic Shaw	Tees Valley Tigers	9:09.6	
2	Neil Murray u17	Team Glasgow	10:53.0	

### Junior Men 110mH String 1

Posn	Athlete Name	Club	Time	Grade
1	David Martin	Team Glasgow	18.5	
2	Andrew Greep	Team Edinburgh	19.3	

### Junior Men 110mH String 2

Posn	Athlete Name	Club	Time	Grade
1	Laurie McCombie	Team Edinburgh	29.8	

### Junior Men 400mH String 1

Posn	Athlete Name	Club	Time	Grade
1	David Martin	Team Glasgow	56.9	*G3*
2	Andrew Greep	Team Edinburgh	65.2	
3	Gary Hepple	Team Tyne & Wear	68.4	

### Junior Men 400mH String 2

Posn	Athlete Name	Club	Time	Grade
1	Martin Hayes	Team Glasgow	62.9	
2	Laurie McCombie	Team Edinburgh	65.6	

# NJAL TYNE DIV FIXTURE 4

## at Carlisle on 16 July 2006

### Junior Men 2000S/C String 1

Posn	Athlete Name	Club	Time	Grade
1	Martin Hayes	Team Glasgow	6:24.6	*G3*
2	Darren Steel	Team Edinburgh	6:26.2	*G3*
3	Calum Stone u17	Border Harrier	7:47.3	
4	Andrew Simpson	Tees Valley Tigers	8:03.2	

### Junior Men 2000S/C String 2

Posn	Athlete Name	Club	Time	Grade
1	Neil Murray u17	Team Glasgow	7:44.7	
2	David Wiggins	Border Harrier	8:55.3	
3	Elliot Hills u17	Tees Valley Tigers	9:22.7	
4	Laurie McCombie	Team Edinburgh	10:11.2	

### Junior Men Long Jump String 1

Posn	Athlete Name	Club	Distance	Grade
1	Jamie Benzie	Border Harrier	6.47	*G3*
2	Garry MacKay	Team Edinburgh	6.34	*G3*
3	Calum Innes u17	Team Glasgow	6.29	*G3*
4	Ade Babatunde	Tees Valley Tigers	6.19	
5	Michael Briggs	Team Tyne & Wear	5.81	
6	Chris Coghill	Team Forth	5.39	

### Junior Men Long Jump String 2

Posn	Athlete Name	Club	Distance	Grade
1	Hamish Wright U17	Team Edinburgh	6.22	*G3*
2	Charlie Dryden u17	Tees Valley Tigers	6.00	
3	Neil Murray u17	Team Glasgow	5.39	
4	Gee-Man Wong	Team Tyne & Wear	4.71	
5	Danny Nicol U17	Team Forth	4.43	

### Junior Men Triple Jump String 1

Posn	Athlete Name	Club	Distance	Grade
1	Ade Babatunde	Tees Valley Tigers	13.32	*G3*
2	Shane Malone U17	Team Forth	12.52	
3	Hamish Wright U17	Team Edinburgh	11.78	
4	Dan Downing u17	Team Tyne & Wear	11.71	
5	Calum Innes u17	Team Glasgow	11.42	

### Junior Men Triple Jump String 2

Posn	Athlete Name	Club	Distance	Grade
1	Charlie Dryden u17	Tees Valley Tigers	11.93	
2	Garry MacKay	Team Edinburgh	10.63	
3	David Adams	Team Glasgow	10.30	
4	Michael Deegan U17	Team Forth	9.72	

### Junior Men High Jump String 1

Posn	Athlete Name	Club	Distance	Grade
1	Thomas Campbell	Team Glasgow	1.85	*G2*
2	Gary Forfar	Team Edinburgh	1.80	*G3*
3	Lloyd Powell	Tees Valley Tigers	1.80	*G3*
4	Greg Boyd u17	Team Forth	1.75	
5	Nick Ridgeion	Team Tyne & Wear	1.65	
6	Oliver Cartwright u17	Border Harrier	1.45	

# NJAL TYNE DIV FIXTURE 4

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### Junior Men High Jump String 2

Posn	Athlete Name	Club	Distance	Grade
1	Ade Babatunde	Tees Valley Tigers	1.75	
2	Darren Steel	Team Edinburgh	1.70	
3	Chris Hodgkins	Team Glasgow	1.70	
4	Dan Downing u17	Team Tyne & Wear	1.60	
5	James Slack	Border Harrier	1.45	

### Junior Men Pole Vault String 1

Posn	Athlete Name	Club	Distance	Grade
1	Gary Forfar	Team Edinburgh	4.10	*G1*
2	Thomas Campbell	Team Glasgow	3.80	*G2*
3	Gary Hepple	Team Tyne & Wear	2.90	

### Junior Men Pole Vault String 2

Posn	Athlete Name	Club	Distance	Grade
1	Jamie Sinclair u17	Team Glasgow	3.35	*G3*
2	Stephen Forfar u17	Team Edinburgh	2.30	

### Junior Men Javelin String 1

Posn	Athlete Name	Club	Distance	Grade
1	Kennth Robertson	Team Forth	47.24	*G3*
2	Grant Ewing	Team Edinburgh	42.82	*G3*
3	Steven Humphrey	Team Tyne & Wear	34.74	
4	Liam Milligan	Team Glasgow	31.30	
5	Lloyd Powell	Tees Valley Tigers	20.68	

### Junior Men Javelin String 2

Posn	Athlete Name	Club	Distance	Grade
1	Gary Forfar	Team Edinburgh	32.01	
2	Nick Ridgeion	Team Tyne & Wear	30.00	
3	David Adams	Team Glasgow	25.83	
4	Ade Babatunde	Tees Valley Tigers	9.80	

### Junior Men Discus String 1

Posn	Athlete Name	Club	Distance	Grade
1	Allan MacKay	Team Glasgow	40.45	*G3*
2	Nick Ridgeion	Team Tyne & Wear	32.30	
3	Kennth Robertson	Team Forth	30.19	
4	James Slack	Border Harrier	28.86	
5	Grant Ewing	Team Edinburgh	25.52	
6	Scott Henderson	Tees Valley Tigers	25.10	

### Junior Men Discus String 2

Posn	Athlete Name	Club	Distance	Grade
1	David Adams	Team Glasgow	25.85	
2	Greg Boyd u17	Team Forth	21.77	
3	Gee-Man Wong	Team Tyne & Wear	20.89	
4	Robert Slack u17	Border Harrier	18.74	
5	Peter Holmes	Team Edinburgh	16.48	
6	Andrew Simpson	Tees Valley Tigers	14.69	

# NJAL TYNE DIV FIXTURE 4

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### Junior Men Hammer String 1

Posn	Athlete Name	Club	Distance	Grade
1	Peter Holmes	Team Edinburgh	55.10	*G1*
2	James Slack	Border Harrier	35.53	
3	David Adams	Team Glasgow	31.40	
4	Gee-Man Wong	Team Tyne & Wear	16.25	

### Junior Men Hammer String 2

Posn	Athlete Name	Club	Distance	Grade
1	Robert Slack u17	Border Harrier	20.01	
2	Liam Milligan	Team Glasgow	19.88	
3	Andrew Greep	Team Edinburgh	17.94	

### Junior Men Shot String 1

Posn	Athlete Name	Club	Distance	Grade
1	Allan MacKay	Team Glasgow	13.81	*G1*
2	Grant Ewing	Team Edinburgh	10.64	
3	Greg Boyd u17	Team Forth	10.14	
4	Gee-Man Wong	Team Tyne & Wear	9.39	
5	Charlie Dryden u17	Tees Valley Tigers	8.50	
6	Robert Slack u17	Border Harrier	7.81	

### Junior Men Shot String 2

Posn	Athlete Name	Club	Distance	Grade
1	Peter Holmes	Team Edinburgh	9.88	
2	Liam Milligan	Team Glasgow	9.63	
3	Kennth Robertson	Team Forth	9.04	
4	Steven Humphrey	Team Tyne & Wear	8.58	

### Junior Men 4x100m relay

Posn	Club	Time	Grade
1	Team Glasgow	45.3	
2	Team Edinburgh	46.2	
3	Team Tyne & Wear	46.5	
4	Team Forth	47.5	
5	Border Harrier	47.6	
6	Tees Valley Tigers	48.8	

### Junior Men 4x400m relay

Posn	Club	Time	Grade
1	Tees Valley Tigers	3:38.2	
2	Team Glasgow	3:40.5	
3	Border Harrier	3:47.4	
4	Team Tyne & Wear	3:52.1	
5	Team Edinburgh	3:53.3	

#### Match Result

Team Glasgow	576½
Team Edinburgh	529
Tees Valley Tigers	423½
Team Forth	361
Team Tyne & Wear	318
Border Harrier	253

#### Event points after 37 events

Team Glasgow	541½
Team Edinburgh	494
Tees Valley Tigers	388½
Team Forth	336
Team Tyne & Wear	283
Border Harrier	218

# **Athletes of the Match**

**Allan MacKay – Team Glasgow – Shot – 13.81 – Grade 1**

**Elayne Henderson – Team Forth Valley – Long jump – 5.74 - Grade 2**