

Senior Women

Event	First				Second				Third			
	Record	Name	Venue	Date	Record	Name	Venue	Date	Record	Name	Venue	Date
100m	12.50	Marise Barclay (u20)	York	02 July 2005	12.50	Ashleigh Wood (u17)	Darlington	03 June 2008	12.50	Ashleigh Stone (u20)	Gateshead	19 June 2010
200m	25.56	Emma Payne	Bedford	05 May 2008	25.60	Marise Barclay (u20)	Darlington	05 May 2004	25.70	Kate Welford (u17)	Cudworth	18 May 2008
400m	58.90	Debbie Forster (u20)	Birmingham	08 July 2005	59.30	Kirsty Legg (u20)	Middlesbrough	29 June 2008	60.03	Sofiya Pela-Aliu (u20)	Gateshead	10 May 2009
800m	2:10.83	Kirsty Legg (u20)	Manchester	01 July 2008	2:16.17	Anna Kirby (u15)	Exeter	06 July 2001	2:16.90	Stephanie Allison (u17)	York	13 June 2009
1500m	4:23.30	Kirsty Legg (u20)	Jarrow	21 July 2008	4:43.00	Kristina Grant	Middlesbrough	01 June 2010	4:52.50	Faye Buckton (u20)	Manchester	07 June 2008
3000m	10:13.80	Kirsty Legg (u20)	Jarrow	13 August 2008	10:22.30	Kristina Grant	Darlington	22 June 2010	10:59.60	Faye Buckton (u20)	Jarrow	13 August 2008
5000m	20:41.74	Faye Buckton	Gateshead	08 May 2010								
2000m Steppplechase	7:40.07	Sarah Jackson	Gateshead	11 May 2000								
100m Hurdles	14.45	Ashleigh Wood (u20)	Sheffield	11 July 2009	15.60	Amanda Cook	Liverpool	01 September 2007	16.40	Emma Payne	Jarrow	06 July 2008
400m Hurdles	64.98	Rachel Mitchinson (u20)	Birmingham	10 July 2010	67.30	Claire Eyeington	Cleckheaton	11 September 2004	69.10	Amanda Cook	Liverpool	01 September 2007
High Jump	1.65	Anna Welford (u20)	Edinburgh	23 April 2006	1.60	Ashleigh Wood (u17)	Gateshead	15 November 2007	1.58	Leah Kennedy (2nd claim)	Wakefield	26 April 2009
Long Jump	5.62	Ashleigh Wood (u17)	Doncaster	29 June 2008	5.31	Chloe Gill (u15)	Leeds	28 May 2006	5.20	Ashleigh Stone (u17)	Gateshead	10 May 2008
Tripple Jump	11.74	Chloe Gill (u17)	Bath	30 August 2008	11.37	Ashleigh Wood (u17)	Cudworth	18 May 2008	10.93	Ashleigh Stone (u17)	Sheffield	27 January 2008
Pole Vault	3.40	Rachel Fairless	Derby	08 August 2004	2.30	Chyna Wood (u15)	Gateshead	20 June 2010	2.15	Courtney Frost (u17)	Wigan	30 August 2009
Shot Putt (4kg)	10.71	Rachel Goodier (u17)	Carlisle	13 September 2008	10.03	Sarah Parsons (u17)	Jarrow	13 June 2009	9.76	Kayleigh Sullivan	Jarrow	06 July 2008
Discus (1kg)	33.54	Kayleigh Sullivan (u20)	Jarrow	07 June 2008	29.84	Sarah Parsons (u17)	Scunthorpe	31 May 2009	28.45	Catherine Meynell (u17)	Wakefield	11 April 2009
Javelin (600gm)	33.62	Hannah Conroy (u20)	Cudworth	29 May 2005	30.40	Kayleigh Mills (u17)	Carlisle	27 April 2008	29.99	Kayleigh Sullivan (u20)	Jarrow	07 June 2008
Hammer (4kg)	46.75	Kayleigh Mills (u17)	Gateshead	12 July 2008	44.70	Rachael Beverley (u17)	Birmingham	15 July 1995	44.69	Kayleigh Sullivan (u20)	Jarrow	07 June 2008
Heptathlon	4249	Ashleigh Wood (u20)	Bedford	20 September 2009								
4 x 100m Relay	49.26	Jayne Norton (u17)	Gateshead	11 July 2008	49.68	Kate Welford	Gateshead	27 June 2010	50.00	Ashleigh Stone (u17)	Cleckheaton	26 July 2009
		Jess Kennedy (u17)				Ashleigh Stone				Jess Kennedy (u20)		
		Kate Welford (u17)				Jess Kennedy				Lorna Goldsmith (2nd claim)		
		Ashleigh Wood (u17)				Lorna Goldsmith (2nd claim)				Ashleigh Wood (u20)		
4 x 400m Relay	4:09.50	Kristina Grant	Jarrow	05 June 2010	4:12.10	Clare Turnbull	Middlesbrough	03 August 2008	4:14.20	Jenny Phelps (u20)	Leeds	01 May 2010
		Emily Fields (u17)				Emma Stokes (u20)				Lauren Cuggy (u17)		
		Lauren Cuggy (u17)				Kate Welford (u17)				Emily Fields (u17)		
		Rachel Mitchinson (u20)				Becca Maguire (u17)				Rachel Mitchinson (u20)		
60m (Indoors)	7.87	Faye Winspear	Sheffield	20 January 2007	7.90	Rachel Highfield (u15)	Jarrow	03 December 2009	7.92	Kate Welford (u17)	Gateshead	11 January 2009
60m Hurdles (Indoors)	9.19	Ashleigh Wood (u20)	Glasgow	22 February 2009	10.00	Emma Payne (u20)	Sheffield	21 February 2007				
Pentathlon A (Indoors)	3150	Ashleigh Wood (u20)	Glasgow	22 February 2009								
Pentathlon B (Indoors)	3344	Ashleigh Wood (u20)	Gateshead	15 March 2009								

Junior Women

Event	First				Second				Third			
	Record	Name	Venue	Date	Record	Name	Venue	Date	Record	Name	Venue	Date
100m	12.50	Marise Barclay	York	02 July 2005	12.50	Ashleigh Wood (u17)	Darlington	03 June 2008	12.50	Ashleigh Stone	Gateshead	19 June 2010
200m	25.60	Marise Barclay	Darlington	05 May 2004	25.70	Kate Welford (u17)	Cudworth	18 May 2008	25.70	Ashleigh Wood (u17)	Cudworth	18 May 2008
400m	58.90	Debbie Forster	Birmingham	08 July 2005	59.30	Kirsty Legg	Middlesbrough	29 June 2008	60.03	Sofiya Pela-Aliu	Gateshead	10 May 2009
800m	2:10.83	Kirsty Legg	Manchester	01 July 2008	2:16.17	Anna Kirby (u15)	Exeter	06 July 2001	2:16.90	Stephanie Allison (u17)	York	13 June 2009
1500m	4:23.30	Kirsty Legg	Jarrow	21 July 2008	4:45.81	Kristina Grant	Stretford	18 August 2009	4:52.50	Faye Buckton	Manchester	07 June 2008
3000m	10:13.80	Kirsty Legg	Jarrow	13 August 2008	10:33.09	Kristina Grant	Gateshead	12 August 2009	10:59.60	Faye Buckton	Jarrow	13 August 2008
1500m Steeplechase	6:55.52	Jessica Wilkinson (u17)	Glasgow	25 July 2010	6:55.99	Bethany Brown (u17)	Glasgow	25 July 2010	7:11.74	Rebecca Maguire	Edinburgh	23 May 2010
100m Hurdles	14.45	Ashleigh Wood	Sheffield	11 July 2009	17.10	Emma Payne	Middlesbrough	09 July 2006	18.20	Lucy West (u17)	Middlesbrough	06 August 2006
400m Hurdles	64.98	Rachel Mitchinson	Birmingham	10 July 2010	69.60	Debbie Forster (u17)	Cleckheaton	11 September 2004	70.10	Lucy West (u17)	Middlesbrough	02 July 2006
High Jump	1.65	Anna Welford	Edinburgh	23 April 2006	1.61	Leah Kennedy (2nd claim)	Middlesbrough	31 July 2010	1.60	Ashleigh Wood (u17)	Gateshead	15 November 2007
Long Jump	5.62	Ashleigh Wood (u17)	Doncaster	29 June 2008	5.31	Chloe Gill (u15)	Leeds	28 May 2006	5.20	Ashleigh Stone (u17)	Gateshead	10 May 2008
Tripple Jump	11.74	Chloe Gill (u17)	Bath	30 August 2008	11.37	Ashleigh Wood (u17)	Cudworth	18 May 2008	10.93	Ashleigh Stone (u17)	Sheffield	27 January 2008
Pole Vault	2.30	Chyna Wood (u15)	Gateshead	20 June 2010	2.15	Courtney Frost (u17)	Wigan	30 August 2009	2.10	Emily Brown (u13)	Gateshead	23 August 2008
Shot Putt (4kg)	10.71	Rachel Goodier (u17)	Carlisle	13 September 2008	10.03	Sarah Parsons (u17)	Jarrow	13 June 2009	9.76	Kayleigh Sullivan	Jarrow	06 July 2008
Discus (1kg)	33.54	Kayleigh Sullivan	Jarrow	07 June 2008	30.47	Sarah Parsons (u17)	Middlesbrough	02 August 2009	28.45	Catherine Meynell (u17)	Wakefield	11 April 2009
Javelin (600gm)	33.62	Hannah Conroy	Cudworth	29 May 2005	30.40	Kayleigh Mills (u17)	Carlisle	27 April 2008	29.99	Kayleigh Sullivan	Jarrow	07 June 2008
Hammer (4kg)	46.75	Kayleigh Mills (u17)	Gateshead	12 July 2008	44.70	Rachael Beverley (u17)	Birmingham	15 July 1995	44.69	Kayleigh Sullivan	Jarrow	07 June 2008
Heptathlon	4249	Ashleigh Wood	Bedford	20 September 2009								
4 x 100m Relay	49.26	Jayne Norton (u17)	Gateshead	11 July 2008	49.68	Kate Welford	Gateshead	27 June 2010	50.00	Ashleigh Stone (u17)	Cleckheaton	26 July 2009
		Jess Kennedy (u17)				Ashleigh Stone				Jess Kennedy		
		Kate Welford (u17)				Jess Kennedy				Lorna Goldsmith (2nd claim)		
		Ashleigh Wood (u17)				Lorna Goldsmith (2nd claim)				Ashleigh Wood		
4 x 400m Relay	4:14.20	Jenny Phelps	Leeds	01 May 2010	4:17.50	Jayne Norton	Darlington	24 May 2009	4:18.30	Emily Fields (u17)	Wakefield	26 April 2009
		Lauren Cuggy (u17)				Jenny Phelps				Abby Smith (2nd claim)		
		Emily Fields (u17)				Kate Welford (u17)				Sofiya Pela Aliua		
		Rachel Mitchinson				Abby Smith (2nd claim)				Kristina Grant		
60m (Indoors)	7.87	Faye Winspear	Sheffield	20 January 2007	7.90	Rachel Highfield (u15)	Jarrow	03 December 2009	7.92	Kate Welford (u17)	Gateshead	11 January 2009
60m Hurdles (Indoors)	9.19	Ashleigh Wood	Glasgow	22 February 2009	10.00	Emma Payne	Sheffield	21 February 2007				
Pentathlon A (Indoors)	3150	Ashleigh Wood	Glasgow	22 February 2009								
Pentathlon B (Indoors)	3344	Ashleigh Wood	Gateshead	15 March 2009								

Recent Updates in Red

Last Updated: 07 August 2010

Under 17 Women

Event	First				Second				Third			
	Record	Name	Venue	Date	Record	Name	Venue	Date	Record	Name	Venue	Date
100m	12.50	Ashleigh Wood	Darlington	03 June 2008	12.60	Kate Welford	Middlesbrough	14 June 2008	12.60	Jess Kennedy	Middlesbrough	14 June 2008
200m	25.70	Kate Welford	Cudworth	18 May 2008	25.70	Ashleigh Wood	Cudworth	18 May 2008	25.84	Faye Winspear	Birmingham	08 July 2005
300m	41.20	Jayme Norton	Middlesbrough	21 June 2008	41.23	Kate Welford	Gateshead	10 May 2009	41.86	Sofiya Pela-Aliu	Gateshead	11 May 2008
800m	2:16.17	Anna Kirby (u15)	Exeter	06 July 2001	2:16.90	Stephanie Allison	York	13 June 2009	2:18.67	Kirsty Legg	Manchester	30 May 2006
1500m	4:56.86	Emma Wortley (u15)	Gateshead	09 May 2010	4:57.44	Emily Fields (u15)	Carlisle	13 September 2008	4:58.78	Anna Kirby (u15)	Sheffield	13 May 2001
3000m	11:19.00	Stephanie Allison	Sildon	19 April 2009	11:35.90	Jessica Wilkinson	Sildon	19 April 2009	11:38.90	Rebecca Maguire	Darlington	03 June 2008
1500m Steeplechase	6:55.52	Jessica Wilkinson	Glasgow	25 July 2010	6:55.99	Bethany Brown	Glasgow	25 July 2010				
80m Hurdles	11.40	Ashleigh Wood	Doncaster	28 June 2008	13.30	Christina O'Connor	Middlesbrough	21 June 2008	13.40	Chloe Gill	Middlesbrough	20 May 2007
300m Hurdles	46.65	Debbie Forster	Gateshead	09 July 2004	47.50	Ashleigh Wood	Middlesbrough	22 June 2008	50.00	Lucy West	Middlesbrough	25 June 2006
High Jump	1.60	Anna Welford	Darlington	17 July 2005	1.60	Ashleigh Wood	Gateshead	15 November 2007	1.58	Leah Kennedy (2nd claim)	Wakefield	26 April 2009
Long Jump	5.62	Ashleigh Wood	Doncaster	29 June 2008	5.31	Chloe Gill (u15)	Leeds	28 May 2006	5.20	Ashleigh Stone	Gateshead	10 May 2008
Tripple Jump	11.74	Chloe Gill	Bath	30 August 2008	11.37	Ashleigh Wood	Cudworth	18 May 2008	10.93	Ashleigh Stone	Sheffield	27 January 2008
Pole Vault	2.30	Chyna Wood (u15)	Gateshead	20 June 2010	2.15	Courtney Frost	Wigan	30 August 2009	2.10	Emily Brown (u13)	Gateshead	23 August 2008
Shot Putt (4kg)	10.71	Rachel Goodier	Carlisle	13 September 2008	10.03	Sarah Parsons	Jarrow	13 June 2009	9.36	Kayleigh Mills	Carlisle	27 April 2008
Discus (1kg)	30.47	Sarah Parsons	Middlesbrough	02 August 2009	28.80	Kayleigh Sullivan	Jarrow	07 May 2006	28.45	Catherine Meynell	Wakefield	11 April 2009
Javelin (600gm)	30.40	Kayleigh Mills	Carlisle	27 April 2008	28.10	Hannah Jieman	Doncaster	16 May 2010	27.90	Katherine Corrigan (u15)	Jarrow	06 May 2007
Hammer (4kg)	46.75	Kayleigh Mills	Gateshead	12 July 2008	44.70	Rachael Beverley	Birmingham	15 July 1995	44.45	Charlotte McEwan	Middlesbrough	12 June 2010
Heptathlon	4342	Ashleigh Wood	Doncaster	29 June 2008								
4 x 100m Relay	49.26	Jayme Norton	Gateshead	11 July 2008	50.10	Jess Kennedy	Jarrow	04 May 2008	50.30	(u17)	Middlesbrough	22 June 2008
		Jess Kennedy				Kate Welford				(u17)		
		Kate Welford				Ashleigh Stone				(u17)		
		Ashleigh Wood				Ashleigh Wood				(u17)		
4 x 300m Relay	3:01.50	Jess Kennedy	Jarrow	04 May 2008	3:04.10	Stephanie Allison	Middlesbrough	03 May 2009	3:05.00	Courtney Frost	Doncaster	01 June 2008
		Courtney Frost				Kate Welford				Becca Maguire		
		Christina O'Connor				Becca Maguire				Jayme Norton		
		Becca Maguire				Christina O'Connor				Christina O'Connor		
60m (Indoors)	7.90	Rachel Highfield (u15)	Jarrow	03 December 2009	7.92	Faye Winspear	Jarrow	05 February 2005	7.92	Kate Welford	Gateshead	11 January 2009
60m Hurdles (Indoors)	8.85	Ashleigh Wood	Birmingham	23 February 2008	10.41	Christina O'Connor	Gateshead	11 January 2009				
Pentathlon (Indoors)	3214	Ashleigh Wood	Glasgow	17 February 2008								

Under 15 Girls

Event	First				Second				Third			
	Record	Name	Venue	Date	Record	Name	Venue	Date	Record	Name	Venue	Date
100m	12.76	Rachel Highfield	Gateshead	22 August 2009	12.80	Kate Welford	Leeds	24 June 2007	12.81	Eleanor Mullen	Gateshead	22 August 2009
200m	26.06	Rachel Highfield	Sheffield	17 January 2010	26.30	Emma Wortley	Doncaster	16 May 2010	26.51	Eleanor Mullen	Gateshead	26 April 2009
800m	2:16.17	Anna Kirby	Exeter	06 July 2001	2:18.76	Emily Fields	Gateshead	11 July 2008	2:20.90	Emma Wortley	Gateshead	20 June 2010
1500m	4:56.86	Emma Wortley	Gateshead	09 May 2010	4:57.44	Emily Fields	Carlisle	13 September 2008	4:58.78	Anna Kirby	Sheffield	13 May 2001
3000m	11:43.07	Kristina Shaw	Birmingham	01 September 2001	11:46.80	Hannah McLean	Middlesbrough	04 April 2009	12:02.03	Jessica Wilkinson	Gateshead	10 May 2008
75m Hurdles	12.05	Rachel Mitchinson	Gateshead	12 May 2007	12.10	Chloe Gill	Middlesbrough	25 June 2006	13.12	Lucy Wood	Gateshead	20 June 2010
High Jump	1.45	Chloe Gill	Glasgow	19 February 2006	1.42	Emelia Mack	Jarrow	04 May 2008	1.42	Emily Sheppard	Middlesbrough	21 June 2008
Long Jump	5.31	Chloe Gill	Leeds	28 May 2006	4.89	Emelia Mack	Middlesbrough	13 June 2009	4.81	Hannah Gapper	Hull	20 June 2009
Pole Vault	2.30	Chyna Wood	Gateshead	20 June 2010	2.10	Emily Brown (u13)	Gateshead	23 August 2008	2.00	Hena Ahitan	Middlesbrough	18 July 2010
Shot Putt (3.25kg)	10.21	Rachel Goodier	Birmingham	13 July 2007	9.85	Kaitlin Enderwick	Gateshead	20 June 2010	9.22	Danielle High	Gateshead	16 June 2007
Discus (1kg)	24.70	Vanessa Jacques	Middlesbrough	20 July 2008	22.13	Lucy Anderson	Cudworth	23 July 2006	21.41	Beth Crosby	Gateshead	20 June 2010
Javelin (600gm)	27.90	Katherine Corrigan	Jarrow	06 May 2007	23.48	Vanessa Jacques	Doncaster	01 June 2008	23.38	Anna Jiemen	Middlesbrough	13 June 2009
Hammer (3.25kg)	28.08	Helen Corrigan	Gateshead	13 May 2007	23.81	Danielle High	Gateshead	25 August 2007	21.47	Catherine Maynell	Gateshead	23 August 2008
Pentathlon												
4 x 100m Relay	52.40	Hannah Scott	Middlesbrough	21 June 2009	52.60	Hannah Gapper	Middlesbrough	03 May 2009	54.20	Lauren Beeforth	Leeds	03 June 2007
		Rachel Highfield				Rachel Highfield				Kate Welford		
		Hannah Seagrave				Eleanor Mullen				Tara Newmarch		
		Eleanor Mullen				Hannah Scott				Christina O'Connor		
60m (Indoors)	7.90	Rachel Highfield	Jarrow	03 December 2009	8.16	Eleanor Mullen	Gateshead	11 January 2009	8.50	Chloe Gill	Gateshead	18 March 2006
60m Hurdles (Indoors)	9.70	Chloe Gill	Gateshead	18 March 2006	12.81	Alice Hurwood	Gateshead	13 January 2008				
Pentathlon (Indoors)	2891	Chloe Gill	Gateshead	18 March 2006								

Under 13 Girls

Event	First				Second				Third			
	Record	Name	Venue	Date	Record	Name	Venue	Date	Record	Name	Venue	Date
75m	10.60	Zoe Fraser	Middlesbrough	25 June 2006	10.60	Rachel Highfield	Cudworth	18 May 2008	10.70	Alice Hurwood	Sheffield	03 June 2007
100m	13.60	Rachel Highfield	Middlesbrough	14 June 2008	13.70	Alice Hurwood	Shildon	15 April 2007	13.80	Paige Hendry	Gateshead	27 August 2005
150m	20.70	Rachel Highfield	Middlesbrough	20 July 2008	20.80	Alice Hurwood	Middlesbrough	20 May 2007	21.20	Emelia Mack	Middlesbrough	20 May 2007
200m	28.00	Emma Wortley	Middlesbrough	13 June 2009	28.08	Paige Hendry	Gateshead	27 August 2005	28.20	Rachel Highfield	York	07 September 2008
800m	2:29.30	Emma Wortley	Middlesbrough	21 June 2009	2:35.30	Annabel Blott	Middlesbrough	21 June 2009	2:36.40	Stacie Daniel	Middlesbrough	22 July 2001
1200m	4:02.65	Phillipa Stone	Gateshead	20 July 2010	4:05.30	Zoe Verrill	Rotherham	21 May 2000	4:15.40	Emelia Mack	Middlesbrough	20 May 2007
1500m	5:05.00	Emma Wortley	Darlington	07 July 2009	5:09.20	Phillipa Stone	Darlington	22 June 2010	5:27.60	Annabel Blott	Darlington	21 July 2009
70m Hurdles	12.80	Laura Simpson	Middlesbrough	21 June 2009	13.30	Lucy Wood	Middlesbrough	13 June 2009	13.50	Eleanor Turnbull	Middlesbrough	18 July 2010
High Jump	1.30	Alice Hurwood	Jarrow	06 May 2007	1.30	Hannah McLaren	Doncaster	01 June 2008	1.26	Chyna Wood	Scunthorpe	31 May 2009
Long Jump	4.04	Alice Hurwood	Gateshead	25 August 2007	3.91	Chyna Wood	Middlesbrough	13 June 2009	3.71	K. Cromby-Smith	Cudworth	23 July 2006
Shot Putt (2.72kg)	7.93	Zoe Fraser	Middlesbrough	25 June 2006	6.86	Chyna Wood	Middlesbrough	21 June 2009	6.38	Courtney Pearson	Middlesbrough	18 July 2010
Discus (0.75kg)												
Javelin (400gm)												
Pentathlon												
4 x 100m Relay	58.40	Hannah Seagrave	Middlesbrough	20 May 2007	58.40	Chyna Wood	Middlesbrough	21 June 2009	58.80	Katie Farrow	Leeds	03 June 2007
		Chelsea Mitchell				Sophie McCarthy				Rachel Highfield		
		Katy Farrow				Lucy Wood				Hannah Seagrave		
		Alice Hurwood				Laura Simpson				Alice Hurwood		
60m (Indoors)	8.81	Rachel Highfield	Gateshead	13 January 2008	9.30	Laura Simpson	Jarrow	06 January 2008	9.30	Hannah Marshall	Jarrow	06 January 2008
60m Hurdles (Indoors)												
Pentathlon (Indoors)												