

## Senior Men

Event	First				Second				Third			
	Record	Name	Venue	Date	Record	Name	Venue	Date	Record	Name	Venue	Date
100m	10.60	Chris Tomlinson	Grimsby	05 May 2001	10.60	Harry Harris (u20)	Gateshead	08 May 2010	10.67	Alex Golding	Bedford	03 July 1999
200m	21.44	Dean Daniel (u17)	Sheffield	11 July 2003	21.70	Ben Stephenson (u20)	Sheffield	08 May 2010	21.99	Peter Vickers	Gateshead	24 August 2002
400m	46.91	Neil Jennings	Gateshead	12 May 2001	48.79	Tyrone Crow (u20)	Birmingham	08 July 2005	49.30	Scott Henderson (u20)	Shildon	11 June 2005
800m	1:50.85	James Minter (u20)	Stretford	17 August 2004	1:52.03	Andy Teate	Manchester	02 August 2005	1:52.31	Jonathon Taylor (u20)	Watford	10 June 2006
1500m	3:42.30	Tommy Dunn	??	??	3:51.49	Robert Cole	Manchester	31 May 2003	3:52.13	Jonathon Taylor (u20)	Solihull	24 June 2006
3000m	8:34.75	Jonathon Taylor (u20)	Manchester	08 August 2006	8:34.80	Martin Scaife	Jarrow	21 May 1989	8:36.28	Robert Cole	Manchester	15 May 2007
5000m	14:41.00	Martin Scaife	??	??	15:05.70	Robert Cole	Middlesbrough	03 August 2003	15:57.90	Grant Hawkins (u20)	Gateshead	05 July 2009
10000m	30:42.20	Kevin Brown	Jarrow	23 May 1989	33:36.88	Brian Roberts	Cudworth	26 August 2001				
Half Marathon	1:05:37	Paul Kelly	Stockport	??								
Marathon	2:20:11	Kevin Brown	London	21 April 1991	2:53:22	Paul Kitson	London	17 April 2005				
3000m Steppelchase	9:35.00	Robert Coles	Middlesbrough	06 July 2002	9:37.98	Paul White	Gateshead	14 May 2006	12:30.50	Richard Smith	Cleckheaton	16 August 2009
110m Hurdles	15.80	Scott Henderson (u20)	Gateshead	08 July 2007	16.82	Nick Phelps	Wakefield	11 April 2009	17.80	Glen Blenkinsop	Middlesbrough	02 May 2009
400m Hurdles	52.57	Anthony Bursumato (u20)	Stoke	26 July 1992	53.77	Richard Smith	Gateshead	05 July 2009	54.05	Scott Henderson (u20)	Bedford	22 July 2006
High Jump	2.02	Lloyd Powell (u20)	Birmingham	30 June 2007	1.95	Charlie Dryden	York	04 June 2011	1.95	Ben Daley (u20)	Middlesbrough	11 June 2011
Long Jump	7.62	Chris Tomlinson (u20)	Santiago, CHI	21 October 2000	6.88	Adebayo Babatunde	Gateshead	08 January 2011	6.78	Charlie Dryden (u20)	Sheffield	17 January 2009
Tripple Jump	15.69	Adebayo Babatunde	York	04 June 2011	15.31	Chris Tomlinson (u20)	Birmingham	05 February 2000	13.77	Charlie Dryden (u20)	Middlesbrough	29 March 2008
Pole Vault	3.90	Glen Blenkinsop	Gateshead	10 May 2008	3.60	Fabio Ponticorvi (u20)	Grangemouth	29 April 2007	3.20	Charlie Myers (u15)	Gateshead	18 June 2011
Shot Putt (7.26kg)	14.70	David Dowson	Darlington	08 May 2004	12.99	Andrew Smith	Cleckheaton	10 September 2005	12.19	Max Alderson (u20)	York	03 May 2008
Discus (2kg)	50.90	Leslie Richards	Jarrow	04 May 2005	45.67	Gavin Hill (u20)	Gateshead	19 June 2005	43.13	Ali Bajwa	USA	09 April 2005
Javelin (800g)	52.23	Jonathan Brown (u20)	Middlesbrough	06 August 2006	49.42	Steve Birsas	Jarrow	07 June 2008	47.50	Sean Leckenby	Gateshead	23 August 2008
Hammer (7.26kg)	58.28	Chris Walsh	Bedford	05 July 1997	50.11	Andrew Smith	Cleckheaton	10 September 2005	44.39	Gavin Hill (u20)	Gateshead	19 June 2005
Decathlon												
4 x 100m Relay	43.30	Charlie Dryden	Jarrow	05 June 2010	43.40	Daniel Angus	Gateshead	05 June 1999	43.69	O'Byrne (u17)	Birmingham	06 September 1998
		Ben Stephenson (u20)				Alex Golding				Alex Golding (u17)		
		Joe Cox (u20)				Paul Campbell				Chris Tomlinson (u17)		
		Christian Carson (u20)				Neil Jennings				Daniel Angus (u17)		
4 x 400m Relay	3:21.80	Mike Charville (u20)	Middlesbrough	??	3:25.49	Nick Phelps (u20)	Gateshead	05 July 2009	3:26.40	Scott Henderson	Jarrow	05 June 2010
		M. Gordon (u20)				Joe Cox (u20)				Charlie Dryden		
		Alex Golding (u20)				Adam Morrell (u20)				Joe Cox (u20)		
		P. Burdon (u20)				Richard Smith				Nick Phelps		
60m (Indoors)	6.99	Harry Harris (u20)	Birmingham	27 February 2010	7.00	Daniel Angues (u17)	Jarrow	08 January 1998	7.00	Peter Vickers (u17)	Jarrow	05 January 2001
60m Hurdles (Indoors)	8.58	Scott Henderson	Birmingham	20 February 2008								
Heptathlon (Indoors)	4042	Scott Henderson	Sheffield	14 January 2008								

**Junior Men**

Event	First				Second				Third			
	Record	Name	Venue	Date	Record	Name	Venue	Date	Record	Name	Venue	Date
100m	10.60	Harry Harris	Gateshead	08 May 2010	10.67	Alex Golding	Bedford	03 July 1999	10.80	Peter Vickers	Scunthorpe	23 June 2002
200m	21.44	Dean Daniel (u17)	Sheffield	11 July 2003	21.70	Ben Stephenson	Sheffield	08 May 2010	21.99	Peter Vickers	Gateshead	24 August 2002
400m	48.40	Neil Jennings	Sheffield	??	48.79	Tyrone Crow	Birmingham	08 July 2005	49.30	Scott Henderson	Sildon	11 June 2005
800m	1:50.85	James Minter	Stretford	17 August 2004	1:52.31	Jonathan Taylor	Watford	10 June 2006	1:53.70	Adam Morrell	Trafford	13 July 2010
1500m	3:52.13	Jonathon Taylor	Solihull	24 June 2006	3:57.28	Andrew Wiles	Manchester	11 August 2007	3:58.20	Steven Pogue	York	05 June 2004
3000m	8:34.75	Jonathon Taylor	Manchester	08 August 2006	9:01.00	Michael Threadgill (u15)	Gateshead	08 May 1986	9:02.00	Grant Hawkins	Jarrow	27 May 2009
5000m	15:57.90	Grant Hawkins	Gateshead	05 July 2009	16:09.00	Adam Mitchell	Jarrow	06 July 2008	16:20.10	Christopher Coats	York	08 June 2002
2000m Steppelchase	6:18.20	Elliott Jackson (2nd claim)	Darlington	24 May 2009	6:21.96	Steven Pogue	Sildon	11 May 2003	6:23.94	Paul White	Wigan	29 May 2004
110m Hurdles	15.00	Nick Phelps	Wigan	30 August 2009	15.04	Scott Henderson	Gateshead	25 August 2007	19.30	Andrew Simpson	Carlisle	27 April 2008
400m Hurdles	52.57	Anthony Bursumato	Stoke	26 July 1992	54.05	Scott Henderson	Bedford	22 July 2006	54.50	Nick Phelps	Manchester	21 June 2009
High Jump	2.02	Lloyd Powell	Birmingham	30 June 2007	1.95	Ben Daley	Middlesbrough	11 June 2011	1.90	Liam McDonnell (u17)	Cudworth	23 July 2006
Long Jump	7.62	Chris Tomlinson	Santiago, CHI	21 October 2000	6.78	Charlie Dryden	Sheffield	17 January 2009	6.64	Jack Crosby (u17)	Jarrow	25 September 2010
Tripple Jump	15.31	Chris Tomlinson	Birmingham	05 February 2000	13.97	Adebayo Babatunde	Middlesbrough	11 June 2006	13.77	Charlie Dryden	Middlesbrough	29 March 2008
Pole Vault	3.60	Fabio Ponticorvi	Grangemouth	29 April 2007	3.20	Charlie Myers (u15)	Gateshead	18 June 2011	3.10	Ross Everett (u15)	Gateshead	18 June 2011
Shot Putt (6kg)	13.41	Max Alderson	Middlesbrough	29 June 2008	12.00	Iain Swall (u17)	Gateshead	27 June 2010	9.97	Scott Henderson	Chester-Le-Str	29 July 2007
Discus (1.75kg)	49.16	Les Richards	Gateshead	28 August 2004	45.67	Gavin Hill	Gateshead	19 June 2005	41.29	Max Alderson	Carlisle	27 July 2008
Javelin (800g)	52.23	Jonathan Brown	Middlesbrough	06 August 2006	43.56	Charlie Dryden	Darlington	24 May 2009	40.46	Ben Daley	Middlesbrough	01 May 2011
Hammer (6kg)	62.88	Chris Walsh	Middlesbrough	14 June 1997	54.25	Ben Daley	Middlesbrough	11 June 2011	48.92	Charles Hogarth	Gateshead	16 May 2004
Decathlon	5410	Scott Henderson	Stoke	10 June 2007	5389	Nick Phelps	Doncaster	29 June 2008				
4 x 100m Relay	43.69	O'Byrne (u17)	Birmingham	06 September 1998	44.00	Phil Hay	Cleckheaton	26 July 2009	44.25	Joe Cox	Glasgow	25 July 2010
		Alex Golding (u17)				Ben Stephenson (u17)				Ben Stephenson		
		Chris Tomlinson (u17)				Charlie Dryden				Phil Hay		
		Daniel Angus (u17)				Chrisrian Carson (u17)				Chrisrian Carson		
4 x 400m Relay	3:21.80	Mike Charville	Middlesbrough	??	3:30.70	A. Windross (u17)	Wakefield	03 May 1998	3:34.00	Shaun McCartney	Cleckheaton	26 July 2009
		M. Gordon				Chris Tomlinson (u17)				Alex Grundman (u17)		
		Alex Golding				T. Barnaby (u17)				Joe Cox		
		P. Burdon				Mike Charville (u17)				Nick Phelps		
60m (Indoors)	6.99	Harry Harris	Birmingham	27 February 2010	7.00	Daniel Angues (u17)	Jarrow	08 January 1998	7.00	Peter Vickers (u17)	Jarrow	05 January 2001
60m Hurdles (Indoors)	8.50	Christopher Herring	Gateshead	09 January 2000	8.95	Nick Phelps	Gateshead	11 January 2009	11.04	Andrew Simpson	Gateshead	13 January 2008
Hephalon (Indoors)	2133	Nick Phelps	Gateshead	06 January 2008								

Under 17 Men

Event	First			
	Record	Name	Venue	Date
100m	10.77	Alex Golding	Sheffield	25 June 1998
200m	21.44	Dean Daniel	Sheffield	11 July 2003
400m	49.70	Mike Charville	Carlisle	21 June 1997
800m	1:54.12	Andrew Lagan	Stretford	21 June 2005
1500m	3:58.71	Jonathon Taylor	Birmingham	15 August 2004
3000m	8:59.42	Jonathon Taylor	Stretford	20 July 2004
1500m Steeplechase	4:31.09	Steven Pogue	Gateshead	12 May 2002
100m Hurdles	13.46	Antony Bibby	??	??
400m Hurdles	54.53	Scott Henderson	??	??/??/2004
High Jump	1.90	Liam McDonnell	Cudworth	23 July 2006
Long Jump	7.23	Chris Tomlinson	Jarrow	13 December 1998
Tripple Jump	14.67	Chris Tomlinson	Exeter	10 July 1998
Pole Vault	3.20	Charlie Myers (u15)	Gateshead	18 June 2011
Shot Putt (5kg)	13.12	Jack Crosby	Sheffield	05 March 2011
Discus (1.5kg)	52.50	Gavin Hill	Sheffield	11 July 2003
Javelin (700g)	54.71	Jonathon Brown	Grimsby	18 June 2005
Hammer (5kg)	55.55	Ben Daley	Gateshead	22 August 2009
Pentathlon	2939	Jack Crosby	Jarrow	25 September 2010
Octathlon				
4 x 100m Relay	43.69	O'Byrne	Birmingham	06 September 1998
		Alex Golding		
		Chris Tomlinson		
		Daniel Angus		
4 x 400m Relay	3:30.70	A. Windross	Wakefield	03 May 1998
		Chris Tomlinson		
		T. Barnaby?		
		Mike Charville		
60m (Indoors)	7.00	Daniel Angues	Jarrow	08 January 1998
60m Hurdles (Indoors)	8.35	Anthony Bibby	Birmingham	??/02/2001
Heptathlon	4327	Jack Crosby	Sheffield	06 March 2011
Pentathlon (Indoors)	2569	Joe Corrigan	Manchester	17 March 2007

Event	Second			
	Record	Name	Venue	Date
10.88	Yusuf Aliu	Bedford	22 July 2006	
22.04	Daniel Angus	Gateshead	15 May 1998	
49.98	Tyrone Crow	Sheffield	12 June 2003	
1:54.84	James Minter	Manchester	31 May 2003	
4:02.29	Paul White	Watford	09 June 2001	
9:01.00	Michael Threadgill (u15)	Gateshead	08 May 1986	
4:31.62	James Minter	Nottingham	13 July 2002	
13.49	Suote Nyananyo	Sheffield	11 August 2001	
58.40	Nick Phelps	Leeds	26 May 2007	
1.89	Vee J Perry	Middlesbrough	03 August 2008	
6.64	Jack Crosby	Jarrow	25 September 2010	
13.05	A Bibby	Middlesbrough	21 April 2001	
3.10	Ross Everett (u15)	Gateshead	18 June 2011	
12.81	Iain Swall	Doncaster	16 May 2010	
47.70	Iain Swall	York	12 June 2010	
46.87	Craig Parry	Wigan	06 June 1999	
53.11	Charles Hogarth	??	??/??/2002	
46.30	Jordan Gill	Grimsby	17 May 2009	
	Ben Stephenson			
	Lewis Harvey			
	Christian Carson			
3:36.20	Dean Daniels (u15)	Birmingham	01 September 2001	
	Chris Jones (u15)			
	Tommy Grant (u15)			
	Tyrone Crowe (u15)			
7.00	Peter Vickers	Jarrow	05 January 2001	
8.42	Jack Crosby	Sheffield	06 March 2011	

Event	Third			
	Record	Name	Venue	Date
10.90	Jack Crosby	Middlesbrough	05 June 2011	
22.12	Ben Stephenson	Gateshead	23 May 2009	
49.98	Adam Allison	Gateshead	08 June 2006	
1:55.70	Jonathan Taylor	York	05 June 2004	
4:06.62	Steven Pogue	Manchester	03 June 2002	
9:13.00	Grant Hawkins	Middlesbrough	21 June 2008	
4:37.00	Paul White	??	??/??/2001	
14.30	Joe Corrigan	Gateshead	17 June 2006	
58.56	Joe Cox	Carlisle	13 September 2008	
1.87	Ben Daley	Darlington	24 May 2009	
6.43	Suote Nyananyo	Gateshead	22 April 2001	
12.91	Jack Crosby	Gateshead	14 May 2011	
3.00	Dale Jordan	Birmingham	31 August 2002	
12.17	Jack Chapman	Gateshead	20 June 2010	
34.88	Ben Daley	Middlesbrough	13 June 2009	
46.42	Chris Snaith	Birmingham	03 September 2000	
52.43	Jack Chapman	Middlesbrough	12 June 2010	
46.50	Alex Groundman	Middlesbrough	21 June 2009	
	Ben Stephenson			
	Christian Carson			
	Richard Hodgson			
3:43.80	Nick Wooley	Jarrow	04 May 2008	
	Nikki Ncube			
	Joe Cox			
	Greg Jackson			
7.04	Yusuf Aliu	Birmingham	05 March 2006	
8.50	Suote Nyananyo	Jarrow	??/01/2001	

**Under 15 Boys**

Event	First				Second				Third			
	Record	Name	Venue	Date	Record	Name	Venue	Date	Record	Name	Venue	Date
100m	11.21	Richard Hodgson	Gateshead	10 May 2008	11.24	Yusuf Aliu	Gateshead	15 May 2004	11.70	Lee Burrell	Middlesbrough	14 June 2008
200m	22.47	Daniel Angus	Sheffield	13 July 1996	22.60	Richard Hodgson	Gateshead	11 May 2008	23.02	Yusuf Aliu	Gateshead	16 May 2008
400m	52.57	Mike Charville	Sheffield	13 July 1996	53.30	Alex Groundsman	Jarrow	04 May 2008	53.38	Tyrone Crow	Exeter	05 July 2001
800m	2:02.20	Andrew Lagan	Sheffield	12 July 2003	2:02.41	Alex Groundsman	Gateshead	28 May 2008	2:03.75	Andrew Maguire	Gateshead	09 July 2004
1500m	4:07.70	Michael Threadgill	Portsmouth	12 July 1986	4:12.79	Jonathan Taylor	Gateshead	08 August 2002	4:22.30	Luke Stockton	Sheffield	16 August 2003
3000m	9:01.80	Michael Threadgill	Gateshead	08 May 1986	9:38.35	Luke Stockton	Stretford	26 August 2003	9:54.20	Ade Babatunde	Liverpool	14 July 2001
80m Hurdles	11.10	Seb Bastow	Sheffield	13 July 1996	12.10	Chris Tomlinson (2)	Gateshead	14 May 2005	12.16	Craig Harvey	Gateshead	14 May 2011
High Jump	1.75	Patrick O'Connor	Middlesbrough	12 June 2010	1.65	Tom Kill	Cudworth	23 July 2006	1.60	Joe Corrigan	Jarrow	21 May 2005
Long Jump	5.96	Joe Corrigan	Cudworth	20 August 2005	5.67	Tom Mitchinson	Birmingham	10 July 2010	5.33	Greg Jackson	Middlesbrough	20 May 2007
Tripple Jump	13.24	Chris Tomlinson	Sheffield	12 July 1996	11.29	Michael Cass	Middlesbrough	13 June 2009	11.19	Craig Harvey	Gateshead	08 January 2011
Pole Vault	3.20	Charlie Myers	Gateshead	18 June 2011	3.10	Ross Everett	Gateshead	18 June 2011	2.40	Fezhan Mughal	Middlesbrough	21 June 2009
Shot Putt (4kg)	12.04	Patrick O'Connor	Hull	26 June 2010	11.65	Chris Snaith	Gateshead	12 May 1998	11.56	Jack Chapman	Gateshead	23 August 2008
Discus (1.25kg)	39.13	Ian Swall	Carlisle	13 September 2008	29.93	Jack Chapman	Gateshead	23 August 2008	29.66	Lee Green	Middlesbrough	20 May 2007
Javelin (600gm)	42.20	Chris Snaith	Middlesbrough	29 April 1998	35.46	James Diedrick	Carlisle	13 September 2008	33.35	Nick Brown	Hull	19 June 2011
Hammer (4kg)	46.25	Matthew Potts	Middlesbrough	20 July 2008	44.28	Charles Hogarth	??	??/??/2000	43.14	Jack Chapman	Gateshead	23 August 2008
Pentathlon	2821	Patrick O'Connor	Hull	26 June 2010	2413	Joe Corrigan	Jarrow	21 May 2005	2080	Jack Mitchinson	Jarrow	25 September 2010
4 x 100m Relay	47.00	Seb Bastow	Leeds	21 July 1996	49.50	Christian Carson	Middlesbrough	20 May 2007	49.80	Patrick O'Connor	Middlesbrough	18 July 2010
		Alex Golding				Lee Green				Sam Norton		
		Chris Tomlinson				Greg Jackson				Tom Mitchinson		
		Daniel Angus				Ben Stephenson				Craig Harvey		
4 x 400m Relay	3:36.20	Dean Daniels	Birmingham	01 September 2001	3:55.60	Chris Milbourne	Middlesbrough	21 June 2009	3:56.20	Sam Day	Hull	19 June 2011
		Chris Jones				Theo Brace				Abdul Wahab		
		Tommy Grant				Ashley Gray				Jason Blackburn		
		Tyrone Crowe				Matthew Cass				Charlie Mayers		
60m (Indoors)	7.08	Richard Hodgson	Birmingham	23 February 2008	7.20	Yusuf Aliu	Jarrow	04 January 2004	7.65	Craig Harvey	Gateshead	09 January 2011
60m Hurdles (Indoors)	9.95	Patrick O'Connor	Gateshead	10 January 2010								
50m Hurdles (Indoors)	7.80	Joe Corrigan	Gateshead	17 February 2005								
Pentathlon (Indoors)	2317	Joe Corrigan	Sheffield	16 January 2005								

**Under 13 Boys**

Event	First				Second				Third			
	Record	Name	Venue	Date	Record	Name	Venue	Date	Record	Name	Venue	Date
100m	12.19	Yusuf Aliu	Birmingham	31 August 2002	12.48	Ben Wilson	Birmingham	03 September 2000	12.97	Alex Groundman	Gateshead	26 August 2006
200m	23.60	Norman Shute	Middlesbrough	20 June 1982	25.10	Daniel Angus	Carlisle	11 September 1994	26.00	Richard Hodgson	Middlesbrough	10 June 2006
800m	2:16.10	Andrew Lagan	Blackpool	09 September 2001	2:19.85	Luke Stockton	Gateshead	25 August 2001	2:20.60	Alex Groundman	Cudworth	23 July 2006
1500m	4:47.00	Tom Boyes	Middlesbrough	09 June 1995	4:48.30	Luke Stockton	Birmingham	01 September 2001	4:56.83	Patrick O'Connor	Gateshead	12 May 2007
75m Hurdles	12.68	Patrick O'Connor	Gateshead	16 July 2008	12.80	Dominic Cuff	Middlesbrough	05 June 2011	13.60	Thomas Elliott	Leeds	24 June 2007
High Jump	1.69	Patrick O'Connor	York	07 September 2008	1.52	Tom Kill	Darlington	17 July 2005	1.43	Sam Day	Darlington	18 May 2010
Long Jump	4.86	Sam Day	Darlington	21 July 2009	4.88	Dominic Cuff	Hull	19 June 2011	4.65	Ashley Gray	Gateshead	23 August 2008
Shot Putt (3.25kg)	10.10	Debo Babatunde	Sheffield	??/??/02	9.35	Jay Betts	Gateshead	11 January 2003	9.35	Liam Watson	Middlesbrough	04 April 2009
Discus (1kg)	14.50	Aaron Jeal	Middlesbrough	31 May 2011								
Javelin (400gm)												
Pentathlon												
4 x 100m Relay	51.90	Seb Bawstow	Middlesbrough	17 July 1994	55.00	Aaron Jeal	Hull	19 June 2011	56.70	Aaron Jeal	Middlesbrough	08 May 2011
		Purvin Soochit				Dominic Cuff				Dominic Cuff		
		Chris Tomlinson				Ben Palmer				Thomas Weston		
		Daniel Angus				Ryan Nimmo				Ryan Nimmo		
60m (Indoors)	8.00	Richard Kilty	Jarrow	06 December 2001	8.50	Matthew Routh	Gateshead	11 January 2009	8.60	Sam Day	Jarrow	07 December 2008
60m Hurdles (Indoors)	10.80	Patrick O'Connor	Gateshead	13 January 2008								
Pentathlon (Indoors)												

Recent Updates in Red

Last Updated: 26 June 2011