

M 100m A

1 Ben Stevenson	MID	11.1
2 Reece Ingley	TRF	11.4
3 Isaac Kitchen Smith	U17 SPN	11.5
4 James Buck	COY	12.7
5 Connor Morley	U17 LDS	12.9

M 100m B

1 Ash Hart	U17 COY	11.6
2 Aaron Turner	MID	11.9
3 Andy McCann	U17 TRF	12.8
4 Carl Foulstone	SPN	12.9
5 Andrew Russell	U17 LDS	13.1
6	BUH	DISQ

M 200m A

1 Ben Stevenson	MID	21.9
2 Scott Atkinson	U17 SPN	22.0
3 Reece Ingley	TRF	22.6
4 James Buck	COY	22.8
5 James Whitfield	U17 BUH	23.2
6 Daniel Brownbill	LDS	23.6

M 200m B

1 Isaac Kitchen Smith	U17 SPN	23.0
2 Dalo Okiemien	TRF	23.3
3 Ash Hart	U17 COY	23.4
4 Aaron Turner	MID	23.9
5 Matthew Campleman	U17 LDS	24.0
6 Tom Watson	U17 BUH	26.1

M 400m A

1 Jack Crosby	U17 MID	48.8
2 Scott Atkinson	U17 SPN	49.1
3 James Buck	COY	49.8
4 Reece Ingley	TRF	50.4
5 Daniel Brownbill	LDS	52.3
6 James Whitfield	U17 BUH	57.7

M 400m B

1 Kier Lyon-Francis	TRF	52.8
2 Matthew Campleman	U17 LDS	54.4
3 Carl Foulstone	SPN	56.1
4 Tom Watson	U17 BUH	58.0
5 Alex Hamer	MID	58.7
6	COY	DNS

M 800m A

1 Ryan Buck	COY	2.03.1
2 Ryan Dransfield	SPN	2.05.3

M 800m B

1 Christopher Hampson	U17 SPN	2.11.2
2 Kieran Smith	COY	2.37.3

M 1500m A

1 Ryan Dransfield	SPN	4.27.8
2 Kieran Smith	COY	4.28.8
3 Nick Woolley	MID	4.52.2

M 1500m B

1 Simon Bolland	SPN	4.38.8
-----------------	-----	--------

M 3000m A

1 Sam Bucknall	LDS	9.10.1
2 Liam Stedman	U17 SPN	9.46.7

M 3000m B

1 Paul Davis	SPN	10.04.3
--------------	-----	---------

M 110mH A

1 Nathan Lee	U17 TRF	17.5
--------------	---------	------

M 110mH B

1 Dalo Okiemien	TRF	16.2
-----------------	-----	------

M 400mH A

1 Kier Lyon-Francis TRF 60.8
2 Joe Cox MID 61.6
3 Carl Foulstone SPN 63.3
4 Robert Torch LDS 63.9

M 400mH B

1 Dalo Okiemien TRF 61.2
2 Jack Mitchinson U17 MID 67.0

M 2000m Sc A

1 Robert Torch LDS 6.23.0

M 2000m Sc B

1 Daniel Davis LDS 7.10.4

M Discus Throw A

1 Elliott Griffin SPN 32.50
2 Laurie Almond TRF 31.25
3 Robert Makin U17 BUH 31.23
4 Ben Daley MID 28.78
5 Mark Fuszard LDS 27.86
6 Sam Beavers COY 22.57

M Discus Throw B

1 Sam Blain COY 18.55
2 Andy McCann U17 TRF 15.04

M Hammer Throw A

1 Sam Blain COY 53.60
2 Ben Daley MID 52.11
3 Laurie Almond TRF 39.17
4 Elliott Griffin SPN 30.73

M Hammer Throw B

1 Sam Beavers COY 35.80
2 Joe Cox MID 15.61

M High Jump A

1 Ben Daley MID 1.86
2 Nathan Lee U17 TRF 1.75
3 Connor Morley U17 LDS 1.70

M High Jump B

1 Patrick O'Connor U17 MID 1.83
2 Dalo Okiemien TRF 1.70
3 Andrew Russell U17 LDS 1.65

M Javelin Throw A

1 Robert Makin U17 BUH 42.75
2 Chris Parsons COY 42.08
3 Ben Daley MID 40.46
4 Mark Fuszard LDS 40.24
5 Laurie Almond TRF 30.89
6 Elliott Griffin SPN 28.38

M Javelin Throw B

1 Darren Mills COY 39.49
2 Christopher Hampson U17 SPN 24.74

M Long Jump A

1 Jack Crosby U17 MID 6.64
2 Matthew Campleman U17 LDS 6.09
3 Nathan Lee U17 TRF 5.62
4 Isaac Kitchen Smith U17 SPN 5.58
5 James Buck COY 5.38

M Long Jump B

1 Connor Morley U17 LDS 5.45
2 Daniel Jameson MID 5.34
3 Andy McCann U17 TRF 4.51
4 Paul Davis U17 SPN 4.33

M Pole Vault A			M Pole Vault B		
1 Mark Fuszard	LDS	3.50	1 Andrew Russell	U17 LDS	3.50
M Shot Putt A			M Shot Putt B		
1 Mark Fuszard	LDS	11.46	1 Sam Beavers	COY	7.81
2 Robert Makin	U17 BUH	10.60			
3 Sam Blain	COY	9.83			
4 Laurie Almond	TRF	9.82			
5 Patrick O'Connor	U17 MID	9.75			
6 Elliott Griffin	SPN	8.75			
M Triple Jump A			M Triple Jump B		
1 Joe Cox	MID	11.73	1 Alex Hamer	MID	10.39
2 Darren Mills	BUH	11.57			
3 Kier Lyon-Francis	TRF	10.55			
4 Darren Mills	COY	9.56			
W 100m A			W 100m B		
1 Lauren Powell	U17 SPN	12.2	1 Jess Ellis	U17 SPN	12.5
2 Lorna Goldsmith	MID	12.6	2 Jordan Greenwood	U17 TRF	12.6
3 Naomi McIntosh	U17 TRF	12.8	3 Ashleigh Stone	MID	13.0
4 Emily Ritchie	BUH	13.1	4 Miriam Harold	BUH	13.5
5 Emily Haigh	U17 COY	13.3			
W 200m A			W 200m B		
1 Georgia Yearby	U17 LDS	26.1	1 Kate Welford	MID	25.8
2 Jess Ellis	U17 SPN	26.3	2 Danielle Roach	SPN	26.7
3 Lorna Goldsmith	MID	27.2	3 Saffie Botterill	U17 COY	27.2
4 Kate Harris	U17 COY	27.5	4 Frances Coldwell	LDS	27.9
5 Lauren Beaumont	U17 TRF	28.1	5 Jennifer Hayes	U17 BUH	28.6
6 Chloe Clarkson	BUH	28.7			
W 400m A			W 400m B		
1 Ciara Flannery	U17 SPN	58.4	1 Sasha Craig	SPN	60.4
2 Georgia Yearby	U17 LDS	60.0	2 Emily Fields	MID	63.9
3 Lauren Cuggy	U17 MID	61.8	3 Miriam Harold	BUH	72.9
4 Emily Ritchie	BUH	68.6			
5 Monique Jackson	U17 TRF	75.0			
6 Saffie Botterill	U17 COY	DNS			
W 800m A			W 800m B		
1 Beth Ellis	U17 SPN	2.22.8	1 Mollie Flannery	U17 SPN	2.33.4
2 Kate Harris	U17 COY	2.25.3	2 Zoe Robson	U17 COY	2.42.6
3 Cherie Snape	U17 TRF	DNF			

W 1500m A

1	Katie Renolds	TRF	4.54.4
2	Connie O'Neill	U17 COY	5.06.9
3	Emma Wilkinson	U17 SPN	5.31.6
4	Rebecca Maguire	MID	5.51.9
5	Ellie Dooley	U17 LDS	6.05.8

W 1500m B

1	Katy Wood	U17 COY	5.20.9
---	-----------	---------	--------

W 3000m A

1	Ellie Dooley	U17 LDS	12.20.6
2	Jessica Wilkinson	MID	12.44.0
3	Katie Bryne	U17 SPN	13.14.5

W 3000m B

No competitors

W 100mH A

1	Sarah McKeever	U17 TRF	16.7
2	Rebecca Syers	U17 COY	DNF

W 100mH B

No competitors

W 400mH A

1	Rachel Mitchinson	MID	64.3
2	Frances Coldwell	LDS	74.7

W 400mH B

No competitors

W Discus Throw A

1	Chelsea Mitchell	U17 SPN	25.54
2	Beth Crosby	U17 MID	21.30
3	Becky Tunnicliffe	U17 COY	21.16
4	Monique Jackson	U17 TRF	18.89
5	Jennifer Hayes	U17 BUH	16.10
6	Alana Walker	LDS	15.45

W Discus Throw B

1	Mollie Flannery	U17 SPN	19.54
2	Sarah Graves	U17 COY	17.52
3	Emma Cullen	TRF	17.25
4	Stacey Evenden	LDS	14.20
5	Heather Johnson	MID	13.69
6		BUH	DNS

W Hammer Throw A

1	Charlotte McEwan	MID	41.72
2	Philippa Jones	COY	36.10
3	Stacey Evenden	LDS	29.58
4	Chelsea Mitchell	U17 SPN	25.84

W Hammer Throw B

1	Heather Johnson	MID	38.43
2	Sarah Graves	U17 COY	26.93

W High Jump A

1 Lucy Gell	U17 COY	1.50
2 Sarah McKeever	U17 TRF	1.40
3 Frances Coldwell	LDS	1.35
4 Ashleigh Stone	MID	DNSCR

W High Jump B

1 Rebeccs Syers	U17 COY	1.30
2 Naomi McIntosh	U17 TRF	DNSCR

W Javelin Throw A

1 Sarah Roberts	SPN	39.87
2 Becky Tunnickliffe	U17 COY	37.32
3 Frances Coldwell	LDS	24.33
4 Emma Cullen	TRF	21.81
5 Charlotte McEwan	MID	11.07

W Javelin Throw B

1 Stacey Evenden	LDS	17.25
2 Philippa Jones	COY	15.50
3 Monique Jackson	U17 TRF	13.71
4 Heather Johnson	MID	7.07

W Long Jump A

1 Sasha Craig	SPN	4.74
2 Frances Coldwell	LDS	4.59
3 Ashleigh Stone	MID	4.57
4 Jordan Greenwood	U17 TRF	4.54
5 Olivia Swain	U17 COY	4.46
6 Jennifer Hayes	U17 BUH	4.40

W Long Jump B

1 Sarah Roberts	SPN	4.63
2 Chloe Clarkson	BUH	4.22
3 Rebecca Syers	U17 COY	4.12
4 Christina O Connor	MID	4.09
5 Lauren Beaumont	U17 TRF	3.82
6 Ellie Dooley	U17 LDS	2.55

W Pole Vault A

1 Sarah McKeever	U17 TRF	2.50
------------------	---------	------

W Pole Vault B

No competitors

W Shot Putt A

1 Chelsea Mitchell	U17 SPN	10.83
2 Becky Tunnickliffe	U17 COY	9.30
3 Beth Crosby	U17 MID	9.03
4 Emma Cullen	TRF	7.71
5 Stacey Evenden	LDS	6.84
6 Emily Ritchie	BUH	6.28

W Shot Putt B

1 Charlotte McEwan	MID	8.30
2 Naomi McIntosh	U17 TRF	7.41
3 Sarah Graves	U17 COY	7.26
4 Chloe Clarkson	BUH	6.54

W Triple Jump A

1 Christina O Connor	MID	9.68
2 Lauren Beaumont	U17 TRF	9.27
3 Olivia Swain	U17 COY	8.99

W Triple Jump B

1 Monique Jackson	U17 TRF	7.85
-------------------	---------	------

W 4x100m Relay

1	SPN 49.7	1	Jess Ellis	U17	2	Lauren Powell
		3	Danielle Roach		4	Ciara Flannery
2	TRF 52.0	1	Lauren Beaumont	U17	2	Jordan Greenwood
		3	Sarah McKeever	U17	4	Naomi McIntosh
3	MID 52.2	1	Christina O Connor		2	Ashleigh Stone
		3	Kate Welford		4	Lorna Goldsmith
4	BUH 53.7	1	Miriam Harold		2	Jennifer Hayes
		3	Chloe Clarkson		4	Emily Ritchie
5	COY 53.9	1	Emily Haigh	U17	2	Saffie Botterill
		3	Kate Harris	U17	4	Connie O'Neill

W 4x400m Relay

1	SPN 4.14.0	1	Beth Ellis	U17	2	Sarah Roberts
		3	Sasha Craig		4	Mollie Flannery
2	MID 4.15.8	1	Jessica Wilkinson		2	Lauren Cuggy
		3	Emily Fields		4	Rachel Mitchinson

M 4x100m Relay

1	MID 46.3	1	Aaron Turner		2	Ben Stevenson
		3	Joe Cox		4	Patrick O'Connor
2	TRF 47.8	1	Nathan Lee	U17	2	Reece Ingley
		3	Kier Lyon-Francis		4	Dalo Okiemien
3	SPN 48.5	1	Isaac Kitchen Smith	U17	2	Carl Foulstone
		3	Simon Bolland		4	Scott Atkinson
4	LDS 50.4	1	Matthew Campleman	U17	2	Connor Morley
		3	Andrew Russell	U17	4	Mark Fuszard

M 4x400m Relay

1 LDS 3.44.0	1 Daniel Brownbill	2 Sam Bucknall
	3 Robert Torch	4 Daniel Davis
2 SPN 3.53.0	1 Ryan Dransfield	2 Christopher Hampson
	3 Simon Bolland	4 Scott Atkinson

MATCH RESULT			LEAGUE STANDINGS		
	Event	Lge		Event	Lge
1	SPN 392	8	1	Spensorough & District AC 392	8
2	MID 390	7	2	Middlesbrough AC 390	7
3	TRF 352	6	3	Trafford AC 352	6
4	COY 332	5	4	City of York AC 332	5
5	LDS 311	4	5	Leeds City AC 311	4
6	BUH 140	3	6	Bolton United Harriers 140	3

Athlete of the Match: jack crosby 48.8 400m
Lauren Powell 12.2 100m

General Comment: All track events started by clapper board as Starter ill.No competitors

Note(s)

BUH Includes + 15pts,
COY Includes + 25pts,
LDS Includes + 35pts,
SPN Includes + 35pts,
TRF Includes + 35pts,
MID Includes + 35pts,